

**THE TRUTH ABOUT ASSURANCE**  
**1 John 3:19-24**

**If you are doubting your salvation, ask yourself these questions:**

**1. Do I trust God more than my feelings?**

*By this we shall know that we are of the truth and reassure our heart before him; for whenever our heart condemns us, God is greater than our heart, and he knows everything. Beloved, if our heart does not condemn us, we have confidence before God; (19-21)*

**2. Do I pray with boldness?**

*and whatever we ask we receive from him... (22)*

**3. Do I desire to obey God's Word?**

*and whatever we ask we receive from him, because we keep his commandments... (22)*

**4. Do I seek to please Christ?**

*and whatever we ask we receive from him, because we keep his commandments and do what pleases him. (22)*

**5. Is my faith in Christ alone?**

*And this is his commandment, that we believe in the name of his Son Jesus Christ... (23)*

**6. Do I love other Christians?**

*And this is his commandment, that we believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. (23)*

**7. Is the Holy Spirit active in my life?**

*Whoever keeps his commandments abides in God, and God in him. And by this we know that he abides in us, by the Spirit whom he has given us. (24)*