WHEN YOU'RE IN THE PIT Psalm 40:1-9

1. Pray in the pit

I waited patiently for the LORD; he inclined to me and heard my cry. He drew me up from the pit of destruction, out of the miry bog, and set my feet upon a rock, making my steps secure. (1-2)

2. Be patient in the pit

He put a new song in my mouth, a song of praise to our God. Many will see and fear, and put their trust in the LORD. (3)

3. Fight pride in the pit

Blessed is the man who makes the LORD his trust, who does not turn to the proud, to those who go astray after a lie! (4)

4. Praise God in the pit

You have multiplied, O LORD my God, your wondrous deeds and your thoughts toward us; none can compare with you! I will proclaim and tell of them, yet they are more than can be told. (5)

5. Don't <u>pout</u> in the pit

Then I said, "Behold, I have come; in the scroll of the book it is written of me: I delight to do your will, O my God; your law is within my heart." (7-8)

6. Preach in the pit

I have told the glad news of deliverance in the great congregation; behold, I have not restrained my lips, as you know, O LORD. (9)