

**LIFE'S HARDEST LESSONS**  
**Philippians 4:10-13**

**1. Life is lonely so be relational**

*But I rejoiced in the Lord greatly that now at last your care for me has flourished again...*  
(10)

**2. Life is complicated so be patient**

*...though you surely did care, but you lacked opportunity. (10)*

**3. Life is difficult so be content**

*Not that I speak in regard to need, for I have learned in whatever state I am, to be content: (11)*

**4. Life is inconsistent so be flexible**

*I know how to be abased, and I know how to abound. Everywhere and in all things I have learned both to be full and to be hungry, both to abound and to suffer need. (12)*

**5. Life is challenging so be confident in the Lord**

*I can do all things through Christ who strengthens me. (13)*