

Connect Group Discussion Guide – 2/11/2024

Mindset Week 2

Video Link: <https://www.youtube.com/channel/UCQvR0S5fB8AzraGYts4eQfg> (Posted on Monday)

Audio Only: On Spotify or Apple Podcasts: Connection Point Podcast

Highlights

- Today we're talking about allowing God to transform our minds. It's the beginning of the conversation; It's not exhaustive.
- There is a battle going on for your mind.
 - We must defeat or overcome the enemy's attack on our mind.
- What kind of thoughts does the enemy use to battle us?
 - Thoughts that are destructive/life taking
 - **Romans 6:23**, "The wages of sin is death". Sinful thoughts.
 - Thoughts that move us away from Jesus and toward harmful decisions.
 - **Mark 7:21**, "For it is from within, out of a person's heart, that evil thoughts come..." It's these thoughts that sometimes cause us to make a bad decision.
 - **Proverbs 4:23**, "Above all, guard your heart, for everything you do flows from it."
 - Thoughts that move us to disobedience to Jesus and going our own way
 - **Isaiah 55:8**, "For my thoughts are not your thoughts, neither are your ways my ways, declares the LORD."
 - God is the one to show you how to live.
- **What are your thoughts that pull you away from Jesus?**
 - Sinful thoughts: lust, greed, hate, envy, etc.
 - Worry and anxiety – they cloud our vision of what God is doing in our life and rob us of rest.
 - Perfectionism
 - **What else?**
- **Romans 12:2** There is another way!
 - World = to this age, eternal life = unto the age
 - So the world is this age, the present, but it's not all there is. You don't have to conform to the present, for there is more to have hope for.
 - Test and approve God's will, we discern what God is saying
 - We are called to have an active mind to discern his will to follow Jesus instead of being pulled away.
 - Transformed by the renewing of our minds
 - WE are transformed by changes in the way we think
 - God can bring healing and wholeness to your mind.
- **The presence of God has the power to transform what is going on inside of us.**
- **Luke 11:17-18, 21-22** Jesus is saying HE has the power to overcome the enemy.
- **Luke 11:24-26**
 - How/when does the enemy rest? When you are in chaos
 - God created order. The enemy's goal is to upset that order with chaos
 - The enemy is not going to leave you alone.
- In order to overcome we have to "fill the house"
 - When no one else is invited to dwell there, the enemy comes back.
- We are like a house. The worst thing you can do for a house is leave it empty.
 - Jesus wants to dwell in us. See **Luke 11:13**. God wants to fill you with His Holy Spirit.
 - What does that look like?

- Remove my way and replace with Jesus's way (repent)
- Remove pride and insecurity and replace with how Jesus sees you.
 - Pride – arrogance about yourself
 - Insecurity – anxiety about yourself
 - Both are self focused
 - We say “yes” to Jesus when we want to say no.
- Remove shame and hiding and replace with truth and honesty. See **Genesis 3**
 - Shame is a tool of the enemy and moves us further away from God.
 - Adam and Eve hid from God and covered themselves
 - Shame will convince you to hide from God (move away from Him)
- Car Conversation Questions
 - **What's been on your mind lately?**
 - **What could move you closer to Jesus right now?**