

## ***Patterns and Habits Part 6 – Stop the Loneliness*** ***Pastor Dwight Dalton***

- You have needs in your life and no one to meet them.
- You have hurts to share and no one to listen to them.
- You have love to give and no one to receive it.

And God never intended it to be this way ...

Genesis 1:1 NLT

Genesis 2:18 NLT

Genesis 2:22-23 NLT

Genesis 1:26

But God himself is never alone.

- God didn't create us because he was lonely.
- God created us because he is love.

Acts 2:46-47 NIV

Every day they continued to meet together.  
More than Physical Proximity—Emotional Unity.

- The first-century believers desperately needed each other, and they knew it.
- Believers today desperately need each other, and they have forgotten it.
- People are intentionally pursuing a life that destroys their mental health and robs them of real joy and lasting fulfillment.

God never intended it to be that way.

What is a Jesus-honoring gathering? (3 qualities)

- A gathering of grace.

Philippians 1:7 ESV

You are welcome w/ your questions, doubts, hurts,  
Addictions, baggage, depression. Gathering grace.

- A gathering of healing.

James 5:16 NIV

- A gathering of mission.

Acts 2:46-47 NIV

Serve one another. Galatians 5:13

Show hospitality to one another. 1 Peter 4:9

Be kind to one another. Ephesians 4:32

*Encourage one another.* 1 Thessalonians 4:18

Carry one another's burdens. Galatians 6:2

When the service is over—We stay in the room.  
When the check is paid—We stay at the table.  
When the tears stop flowing—We keep hugging.