

Purpose of This Guide

This study is designed to help you examine your spiritual condition, rekindle worship, and return to your first love in Christ. The central message is that a church can be active, organized, and faithful in many outward ways, yet still begin to grow spiritually dim. Over these two months, the goal is to move from diagnosis to renewal, and from routine to spiritual fire.

How to Use This Guide

Each week, come ready to read Scripture, participate in discussion, reflect honestly, pray sincerely, and follow the seven-day reading plan. The goal is not only to attend Bible study, but to let the Word shape your worship, obedience, and daily walk with Christ throughout the week.

Month 1: May 2026 — Returning to First Love

May focuses on spiritual sensitivity, worship, devotion, and tenderness before the Lord. These sessions invite you to slow down, listen carefully to Christ, and respond with honesty and hope.

Week 1: Church Activity vs. Spiritual Fire

Primary Scriptures: Revelation 2:1–4; Matthew 5:14–16

Big Idea: Being busy for God is not the same as burning for God. Jesus commended the Ephesian church for labor and endurance, yet still exposed a deeper spiritual problem: they had left their first love.

What to Learn

- Christ is present in the midst of His church.
- Activity can continue even when affection for Christ has cooled.
- Real light flows from relationship, not mere religious performance.
- One early sign of spiritual dimness is serving without joy or love.

Heart Check

- Am I serving out of love, duty, or exhaustion?
- Where has my spiritual fire dimmed without me noticing?
- Do I look spiritually active on the outside while feeling dry within?

Weekly Practice

- Ask God to search your heart honestly.

Study Foundation: Revelation 2:1–7

Key Theme: Asking for, Maintaining and Walking in the Light of GOD

Key Prayer: Lord, don't let the light go out

- Write a private prayer asking Him to expose dullness or routine.
- Encourage one other believer this week.

Prayer Focus: Pray for honest self-examination, renewed joy in service, and spiritual fire in every ministry of RFBC.

7-Day Reading Plan

1. Day 1: Revelation 2:1–7
2. Day 2: Matthew 5:14–16
3. Day 3: John 15:1–8
4. Day 4: Psalm 27:1–4
5. Day 5: Romans 12:9–11
6. Day 6: 2 Timothy 1:6–7
7. Day 7: Psalm 139:23–24

Week 2: First Love and Intimacy with Christ

Primary Scriptures: Revelation 2:4; John 8:12; Philippians 3:7–14

Big Idea: Jesus does not only want our work; He wants our hearts. First love means Christ remains our highest affection and deepest pursuit.

What to Learn

- First love is not sentiment; it is priority and devotion.
- Jesus is the Light of the world, and we shine by following Him.
- Love for Christ grows through worship, obedience, Scripture, and prayer.
- Drift often happens through distraction, disappointment, offense, or neglect.

Heart Check

- What competes most for my affection and attention?
- Have I kept correct beliefs while losing warmth toward Christ?
- What helps me stay close to the Lord in a practical way?

Weekly Practice

- Set aside uninterrupted time for worship and journaling.
- Identify one distraction and make a plan to limit it.
- Tell the Lord specifically what you love about Him.

Prayer Focus: Pray for renewed affection for Jesus, healing from weariness or disappointment, and homes filled with prayer and tenderness toward Christ.

7-Day Reading Plan

8. Day 1: Revelation 2:4–5
9. Day 2: John 8:12
10. Day 3: Psalm 63:1–8
11. Day 4: Luke 10:38–42
12. Day 5: Philippians 3:7–14
13. Day 6: Song of Solomon 2:10–13
14. Day 7: 1 John 4:7–19

Week 3: The Fire of God — Light, Heat, and Purity

Primary Scriptures: Exodus 13:21–22; Acts 2:1–4; Jeremiah 20:9; Hebrews 12:28–29

Big Idea: God's fire guides, empowers, warms, and purifies His people. His presence is both comforting and holy.

What to Learn

- In Exodus, fire showed God's guidance and protection.
- In Acts, fire signaled the Spirit's power for witness.
- In Jeremiah, fire described holy urgency created by God's Word.
- God's fire gives light to see, heat to stay warm, and purity to cleanse.

Heart Check

- Do I want God's power more than His purifying work?
- Where do I need God to refine my attitude, habits, or relationships?
- Am I sensitive to the Spirit or slowly quenching His work?

Weekly Practice

- Invite God to purify one specific area of your life.
- Memorize Hebrews 12:28–29.
- Encourage someone with both truth and warmth this week.

Prayer Focus: Pray for fresh filling of the Holy Spirit, holy boldness, and the fire of God's Word in every servant and ministry.

7-Day Reading Plan

15. Day 1: Exodus 13:21–22
16. Day 2: Acts 2:1–4
17. Day 3: Jeremiah 20:7–9

- 18. Day 4: Hebrews 12:25–29
- 19. Day 5: Leviticus 6:12–13
- 20. Day 6: Malachi 3:1–3
- 21. Day 7: Ephesians 5:15–21

Week 4: Worship That Pleases God

Primary Scriptures: Hebrews 12:28–29; John 4:23–24; Psalm 95:1–7

Big Idea: Worship that pleases God is sincere, reverent, joyful, and centered on His worth rather than our preferences.

What to Learn

- Worship is more than music; it is a whole-life response to God.
- God seeks worshipers who worship in spirit and in truth.
- Reverence and joy belong together.
- Private worship strengthens corporate worship.

Heart Check

- Is my worship shaped more by God's worth or by personal preference?
- Do I prepare my heart before coming to worship?
- Is my private worship alive during the week?

Weekly Practice

- Prepare for worship through prayer, confession, and thanksgiving.
- Build a simple daily worship rhythm at home.
- Reflect on whether your worship is God-centered or self-centered.

Prayer Focus: Pray for purity, humility, hunger for God, and a church marked by His presence rather than mere programming.

7-Day Reading Plan

- 22. Day 1: Hebrews 12:28–29
- 23. Day 2: John 4:19–24
- 24. Day 3: Psalm 95:1–7
- 25. Day 4: Psalm 100
- 26. Day 5: Romans 12:1–2
- 27. Day 6: Colossians 3:12–17
- 28. Day 7: Revelation 4:8–11

Bonus Week: Remember and Repent

Primary Scriptures: Revelation 2:5; Psalm 51:1–12; Joel 2:12–13

Big Idea: Jesus provides a merciful path back: remember, repent, and return. His warning is meant to restore, not destroy.

What to Learn

- Remembering helps us see where we have fallen from.
- Repentance is more than emotion; it is a real turning back to God.
- God's correction is an expression of His mercy.
- A repentant church can shine again.

Heart Check

- What first works have I left behind?
- Is my sorrow producing real repentance?
- What practical step of obedience is God calling me to make now?

Weekly Practice

- Use Psalm 51 as a personal prayer of confession.
- Make one concrete change that reflects repentance.
- Be ready to share how God met you in renewal.

Prayer Focus: Pray for conviction without despair, brokenness without shame, and renewed joy and obedience in the church.

7-Day Reading Plan

29. Day 1: Revelation 2:5
30. Day 2: Psalm 51:1–12
31. Day 3: Joel 2:12–13
32. Day 4: Lamentations 3:21–26, 40–41
33. Day 5: Luke 15:11–24
34. Day 6: 2 Corinthians 7:8–11
35. Day 7: Hosea 6:1–3

Month 2: June 2026 — Rekindling the Fire and Standing Firm

June emphasizes vigilance, discipline, leadership, and practical obedience. These sessions call the church to reject drift, guard what God has given, and sustain spiritual fire over time.

Week 1: Standing Guard — The Lord of the Lampstands

Primary Scriptures: Revelation 2:1; John 8:12; 1 Peter 5:8–10

Big Idea: Christ is present in His church, and His people must stay watchful, submitted, and spiritually alert.

What to Learn

- Christ is near and observant in His church.
- Spiritual leadership begins with submission to Jesus.
- Believers must resist passivity and stand watch in home and ministry.
- Vigilance protects against negligence and drift.

Heart Check

- Where do I need greater spiritual alertness?
- Have I become passive in prayer, leadership, or obedience?
- What does watchfulness look like in my daily life?

Weekly Practice

- Start a daily watchfulness rhythm of prayer and Scripture.
- Pray specifically over your home and family.
- Ask where God is calling you to greater spiritual alertness.

Prayer Focus: Pray for humility, courage, and protection against spiritual laziness and distraction.

7-Day Reading Plan

- 36. Day 1: Revelation 2:1
- 37. Day 2: John 8:12
- 38. Day 3: 1 Peter 5:8–10
- 39. Day 4: Joshua 24:14–15
- 40. Day 5: Psalm 127:1–2
- 41. Day 6: Ephesians 6:10–18
- 42. Day 7: Mark 14:37–38

Week 2: Mission Drift and Staying Focused

Primary Scriptures: Revelation 2:2–5; Hebrews 2:1; Philippians 3:13–14

Big Idea: Drift usually happens quietly through neglect, and the church must regularly realign itself with Christ's priorities.

What to Learn

- Mission drift often begins subtly.
- Losing first love affects clarity and purpose.
- Strong activity can hide spiritual decline.
- Focus requires intentional evaluation and correction.

Heart Check

- What has slowly pulled my attention away from Christ?
- Where am I active but not spiritually focused?
- What needs to be realigned in my life this week?

Weekly Practice

- Review your commitments for alignment with God's purpose.
- Remove one major distraction this week.
- Re-center your life around what matters most to Christ.

Prayer Focus: Pray against complacency and ask for wisdom to evaluate current habits and ministry priorities.

7-Day Reading Plan

- 43. Day 1: Revelation 2:2–5
- 44. Day 2: Hebrews 2:1
- 45. Day 3: Philippians 3:13–14
- 46. Day 4: Nehemiah 6:1–9
- 47. Day 5: Haggai 1:2–8
- 48. Day 6: Colossians 1:15–20
- 49. Day 7: 2 Timothy 4:1–5

Week 3: The Fire of God — Power and Ministry

Primary Scriptures: Acts 2:1–4; Jeremiah 20:9; 1 Thessalonians 5:19

Big Idea: Ministry needs the power of the Holy Spirit, not merely human effort, personality, or activity.

What to Learn

- Divine fire produces boldness and faithful witness.
- The church must not rely on natural strength alone.
- The Holy Spirit can be quenched through self-reliance and prayerlessness.
- Spirit-empowered ministry is both humble and powerful.

Heart Check

- Where have I depended on myself instead of the Spirit?
- Am I praying for empowerment before I serve?
- How can I take one bold, obedient step this week?

Weekly Practice

- Pray for fresh empowerment before serving.
- Repent of self-reliance.
- Take one intentional step of witness or service this week.

Prayer Focus: Pray for fresh Pentecostal fire in preaching, service, and evangelism, and that the church would not grieve the Holy Spirit.

7-Day Reading Plan

- 50. Day 1: Acts 2:1–4
- 51. Day 2: Acts 4:23–31
- 52. Day 3: Jeremiah 20:7–9
- 53. Day 4: 1 Thessalonians 5:16–24
- 54. Day 5: Zechariah 4:1–6
- 55. Day 6: 2 Corinthians 4:1–7
- 56. Day 7: Ephesians 3:14–21

Week 4: Return and Rekindle — Practical Steps

Primary Scriptures: Revelation 2:5; James 4:7–10; Psalm 85:4–6

Big Idea: Spiritual renewal requires action. The path back can be described as four steps: remember, repent, return, and rekindle.

What to Learn

- Recovery begins with honest remembrance.
- Repentance must lead to changed action.
- Returning often starts with simple, neglected acts of obedience.
- Rekindling happens through faithful habits, not only emotional moments.

Heart Check

- Which of the Four R's is most urgent for me?
- What first work have I neglected?
- What practical act of obedience should I restore now?

Weekly Practice

- Write a personal Four R's plan.
- Restore one neglected first work this week.
- Find someone who can help keep you accountable.

Prayer Focus: Pray for practical obedience and for prayer altars to be revived in homes and in the church.

7-Day Reading Plan

- 57. Day 1: Revelation 2:5
- 58. Day 2: James 4:7–10
- 59. Day 3: Psalm 85:4–6
- 60. Day 4: Isaiah 57:14–19
- 61. Day 5: Luke 19:1–10
- 62. Day 6: Acts 3:19–20
- 63. Day 7: Galatians 6:7–10

Week 5: Keeping the Altar Burning

Primary Scriptures: Leviticus 6:12–13; Romans 12:11; 2 Timothy 2:1–7

Big Idea: Spiritual fire must be tended continually. Lasting devotion is sustained through discipline, prayer, faithfulness, and endurance.

What to Learn

- Spiritual fire cannot be maintained by occasional emotion alone.
- Consistency matters in both personal and church life.
- Sound doctrine, prayer, and obedience help tend the flame.
- Enduring fire requires long-term faithfulness.

Heart Check

- What habits will help me stay spiritually consistent?
- How am I tending the altar in my daily life?
- Who can I encourage toward endurance and faithfulness?

Weekly Practice

- Create a simple personal rule of life for spiritual consistency.
- Commit to ongoing accountability.
- Encourage a younger believer in faithfulness.

Prayer Focus: Pray for enduring fire, long-term faithfulness, and consistency in leaders, families, and the whole church.

7-Day Reading Plan

- 64. Day 1: Leviticus 6:12–13
- 65. Day 2: Romans 12:9–12
- 66. Day 3: 2 Timothy 2:1–7
- 67. Day 4: Psalm 92:12–15
- 68. Day 5: 1 Corinthians 15:58
- 69. Day 6: Jude 20–25
- 70. Day 7: Habakkuk 3:17–19

Student Reflection Page

- Where is my spiritual light strong right now?
- Where is it growing dim?
- What first works is God calling me to return to?
- What distractions, disappointments, or habits are cooling my devotion?
- What does obedience look like for me this week?
- How can I help keep the light burning in my home, church, and daily life?

Closing Challenge

This study is not just about completing lessons. It is about letting Christ search us, correct us, rekindle us, and use us. The prayer for every participant is simple and urgent: Lord, don't let the light go out in me, in my home, or in our church.