

GROWING DEEPER

Engage

1. If you could be any superhero for a day, who would it be and why? How would being that superhero change the way you thought/acted that day?
2. As we studied Psalm 121, we found that God not only sees everything, but created everything. This same God promises to be our helper in difficult times. As you have matured in your walk with Christ how has your reliance on God changed over time?

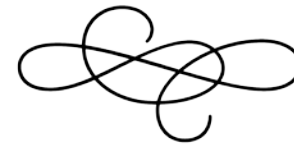
Explore

3. Read Psalm 121:1-2. What does it mean for God to be our helper? In what other instances is the word helper used to describe God in Scripture? What confidence should we have knowing God made the heavens and the earth?
4. Read Psalm 121 and count how many times it mentions that the Lord is watching. How does that make you feel? How should that change the way you face trials and tribulations?
5. Read Psalm 121. According to this psalm, what are some of the things the LORD does for us?
6. Read Psalm 121:7-8. The psalmist mentions that the "Lord will keep us from harm." What is he saying here? Does he mean bad things will never happen to us? Why or why not? How do you think your definition of harm might be different from God's definition of harm? When have you gone through a hard time only to discover later that God was doing something good in your life?
7. Which verse in this Psalm is your favorite? Which one speaks most clearly to you? Why?

Apply

8. How has God helped you in the past? How do you need His help this week? How do you think God can use you to help someone else? What are some ways you can practice going to God first when you face difficult times?

A SUMMER IN *Psalms*



HELP IS ON THE WAY

PSALM 121

Message by Michael Hearn



SUMMIT VIEW CHURCH

WE EXIST TO BRING GLORY TO GOD AND HELP PEOPLE BECOME MORE LIKE JESUS

Phone (360) 260-8300 • www.summitview.net

Fax (360) 944-1161 • info@summitview.net

Summit View Felida Campus

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