

# LIFE GROUP STUDY - WEEK 6

## Read Philippians 4:2-9

### Engage

1. Share a story of one of the most meaningful experiences you have had in the area of prayer. Was it an answered prayer? A miracle? A sense of deep community with others? Or someone praying for you?

### Explore

2. In Philippians 4:2-3, what recommendation does Paul give toward the ongoing conflict between Euodia and Syntyche? What does it mean to agree in the Lord?
3. What discipline does Paul say we are to use to combat anxiety (Philippians 4:4-7)? What eight things does Paul encourage us to practice so that the peace of God will be with us?
4. Why does Paul encourage Christians to meditate on what is honorable (Philippians 4:8-9)?
5. Following the command in Philippians 4:9, whose teaching and example are we called to imitate?

### Apply

6. Paul addresses an ongoing conflict between two Christian women in the church at Philippi. Why is it so important to work towards unity in the church? What can be accomplished when we're unified? What happens when there is unresolved conflict within a church? Are there any conflicts or unresolved situations you need to address for the sake of fostering greater unity (please use discretion in sharing)?
7. Where do you see areas of anxiety in your heart that need to be processed through prayer?
8. In a busy and overwhelming world, how do you pray consistently? How do you pray privately, with family and with other Christians? Is prayer an easy or difficult spiritual discipline for you? Why or why not?
9. Discuss Paul's encouragement for us to, "think about these things." What does that mean? How does it look in our everyday lives?



## STAND FIRM

Message by David Libby



WE EXIST TO BRING GLORY TO GOD AND HELP PEOPLE BECOME MORE LIKE JESUS

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