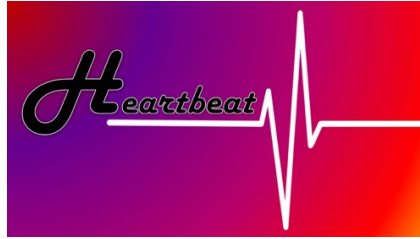


Heartbeat
“The Unlikely Transformation”
February 9, 2020
Message Notes: Aldersgate Church
Midland & Cardinal Square



The word of the LORD came to Jonah son of Amittai: “Go to the great city of Nineveh and **preach against it**, because **its wickedness has come up before me.**” But Jonah ran away from the LORD...
Jonah 1:1-3 (NIV)

The Unlikely Transformation

Everyone Really Tries To “Save” Themselves.

“Throw me into the sea,” Jonah said, “and it will become calm again. I know that this terrible storm is all my fault.” **Instead**, the sailors **rowed even harder** to get the ship to the land. But the stormy sea was too violent for them, and **they couldn’t make it.**
Jonah 1:12-13 (NLT)

When we were utterly helpless, Christ came at just the right time and died for us sinners....God showed his great love for us by sending Christ to die for us while we were still sinners. And since **we have been made right in God’s sight by the blood of Christ**, he will certainly save us...
Romans 5:6-9 (NLT)

Transformation Requires Repentance.

Then Jonah prayed to the LORD his God from inside the fish. He said, “I cried out to the LORD ... **I will look once more toward your holy Temple**...you, O LORD my God, **snatched me from the jaws of death!** As my life was slipping away, I remembered the LORD. And my earnest prayer went out to you in your holy Temple. **Those who worship false gods turn their backs on all God’s mercies.** But I will offer sacrifices to you with songs of praise, and I will fulfill all my vows. For my **salvation comes from the LORD alone.**” Then the LORD ordered the fish to spit Jonah out onto the beach.
Jonah 2:1-2, 4, 6-10 (NLT)

Transformation Is Rooted In Believing God.

Then the word of the LORD came to Jonah a second time: “Go to the great city of Nineveh and proclaim to it the message I give you.” Jonah obeyed the word of the LORD and went to Nineveh. ... **The Ninevites believed God.** They declared a fast, and all of them, from the greatest to the least, put on sackcloth.
Jonah 3:1-5 (NIV)

“Abraham believed God, and God counted him as righteous because of his faith.”
Galatians 3:6 (NLT)

The king of Nineveh heard what Jonah was saying, he ⁽¹⁾stepped down from his throne and ⁽²⁾took off his royal robes. He ⁽³⁾dressed himself in burlap and ⁽⁴⁾sat on a heap of ashes. Then the king (said) “..everyone must pray earnestly to God...turn from their evil ways and stop all their violence.” God saw what they had done and how they had put a stop to their evil ways, he changed his mind and did not carry out the destruction he had threatened. Jonah 3:6-10 (NLT)