



LIFEgroup STUDY GUIDE

What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

PURSUING LIFE TOGETHER

SUNDAY MESSAGE REVIEW

NOTE to the LIFEgroup Leader: This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

OPEN IN PRAYER

STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

CLOSE IN PRAYER

RESIST “Clues”

I don't understand myself at all
I really want to do what is right, but I can't
I do what I don't want to
I know what I am doing is wrong, but I can't help myself
I can't make myself do right.
I want to, but I can't
When I want to do good, I don't
When I try not to do wrong, I do it anyway
What a miserable person I am!

“Who will rescue me...? Thanks be to God, who delivers me through Jesus Christ our Lord!”
Romans 7:24-25 (NIV)

“Submit yourselves, then, to God. Resist the devil, and he will flee from you.”
James 4:7 (NIV)

“The two angels arrived at Sodom in the evening, and Lot was sitting in the gateway of the city. When he saw them, he got up to meet them and bowed down with his face to the ground. “My lords,” he said, “please turn aside to your servant’s house. You can wash your feet and spend the night and then go on your way early in the morning...” he insisted so strongly that they did go with him and entered his house... Before they had gone to bed, all the men from every part of the city of Sodom—both young and old—surrounded the house. They called to Lot, “Where are the men who came to you tonight? Bring them out to us so that we can have sex with them.” Lot went outside to meet them and shut the door behind him and said, “No, my friends. Don’t do this wicked thing. “Look, I have two daughters who have never slept with a man. Let me bring them out to you, and you can do what you like with them.”
Genesis 19:1-8 (NIV)

What are some clues you have things in your life that need to be RESISTed?

1. You cross boundaries without realizing it
2. You find yourself justifying your actions

“This fellow came to town as an outsider, and now he’s acting like our judge! We’ll treat you far worse than those other men!” And they lunged toward Lot to break down the door.”
Genesis 19:9 (NLT)

Show me the narrative you’re telling yourself right now,
and I’ll show you how close you are to giving into temptation!

“The angels said to Lot, “Do you have anyone else here—sons-in-law, sons or daughters, or anyone else in the city who belongs to you? Get them out of here, because we are going to destroy this place. The outcry to the Lord against its people is so great that he has sent us to destroy it.” So Lot went out and spoke to his sons-in-law, who were pledged to marry his daughters. He said, “Hurry and get out of this place, because the Lord is about to destroy the city!” But his sons-in-law thought he was joking.” Genesis 19:10-14 (NIV)

3. You stop taking spiritual things as seriously as you used to.

4. You find yourself being slow to obey God

“With the coming of dawn, the angels urged Lot, saying, “Hurry! Take your wife and your two daughters who are here, or you will be swept away when the city is punished.” When he hesitated, the men grasped his hand and the hands of his wife and of his two daughters and led them safely out of the city, for the LORD was merciful to them.” Genesis 19:15-16 (NIV)

5. You look back longingly on things God says are wrong

“Then the LORD rained down burning sulfur on Sodom and Gomorrah--from the LORD out of the heavens. ...But Lot's wife looked back, and she became a pillar of salt.” Genesis 19:24-26 (NIV)

6. People around you are being affected

“The next day the older daughter said to the younger, “Last night I had sexual relations with my father. Let's get him drunk again tonight so you can go and have sexual relations with him, too. In this way we can use our father to have children to continue our family.” Genesis 19:34 (NCV)