



Branded Week 2 – Jan 18, 2026

Jake Scott
LIFEgroup Guide

Icebreaker Questions:

1. Explain some of the nicknames you've had through life.
2. What is the worst nickname you've ever heard?

LIFEgroup Lesson

I. Discussion Questions

1. Share about a time when you let someone's opinion(s) of you change your actions, behaviour, or decision-making.
2. Read Joshua 2:1-5. Did Rahab do wrong by lying to her King?
3. Name some of the things (good or bad) that you've defined yourself by (moments in life, expectations, mistakes, achievements, abilities, etc).
4. Jake mentioned how often we define ourselves with the opinions of others, ourselves, and God. Right now, in your life, whose opinion of you defines you the most, and what do they say about you?
5. Follow the instructions for the spiritual exercise below to ask yourself who God defines you as.

II. Instructions for the Spiritual Exercise

1. Reflect on some of the most defining moments in your life and categorize them into the following three groups. Feel free to write them down or talk through them as a group.
 - a. Defining moments of Blessing in your life.
 - b. Defining moments of pain in your life.
 - c. Defining moments where you made a decision that impacted the course of your life.
2. Next, take some time to pray and ask God about those moments.
 - a. For the gift moments, ask "Why did you give me this?"
 - b. For the pain moments, ask "Why did you allow this?"
 - c. For the decisive moments, ask "Did I align with you?"
3. After praying over these things, consider: "Who does God say that I am?"