



LIFEgroup STUDY GUIDE

What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

PURSUING LIFE TOGETHER

SUNDAY MESSAGE REVIEW

NOTE to the LIFEgroup Leader: This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

OPEN IN PRAYER

STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

CLOSE IN PRAYER

DELIGHT
Jehovah-Rapha
"God is my Healer"
(Exodus 15:26)

Jehovah-Jireh- "God is my Provider" (Genesis 22:14)
You see what I need before I even ask!

Jehovah-Nissi-"God is my Banner" (Exodus 17:15)
You hear my prayers when the stakes are high!

Jehovah-Rapha- "God is my Healer" (Exodus 15:26)
You can heal my body, emotions, and relationships!

"Then Moses led Israel from the Red Sea and they went into the Desert of Shur. For three days they traveled in the desert without finding water." Exodus 15:22 (GW)

"When they came to Marah, they could not drink its water because it was bitter."
Exodus 15:23 (GW)

"I am the Lord, who heals you. (Jehovah-Rapha)" Exodus 15:26 (GW)

When people of God face serious health issues:

- **Possibility #1:** We get healed miraculously

"...there was given me a thorn in my flesh, a messenger of Satan, to torment me. Three times I pleaded with the Lord to take it away from me. But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." 2 Corinthians 12:7-9 (NIV)

Abraham: *"Is anything too hard for the LORD?"* Genesis 18:14 (NIV)

Job: *"I know that you can do all things; no plan of yours can be thwarted."*
Job 42:2 (NIV)

Jeremiah: *"Ah, Sovereign LORD, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you."* Jeremiah 32:17 (NIV)

Jesus: *"With man this is impossible, but with God all things are possible."*
Matthew 19:26 (NIV)

Benefit: Our faith is strengthened.

- **Possibility #2:** We get healed gradually, over time.

“So the sisters sent word to Jesus, “Lord, the one you love is sick.” When he heard this, Jesus said, “This sickness will not end in death. No, it is for God’s glory so that God’s Son may be glorified through it.”

John 11:3-4 (NIV)

“When you go through deep waters and great trouble, I will be with you. When you go through rivers of difficulty, you will not drown!”

Isaiah 43:2-3 (NLT)

“Ye though I walk through the valley of the shadow of death, I will fear no evil, for thou art with me.”

Psalms 23:4 (NIV)

Benefit: Our faith is refined.

“In this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials. These have come so that your faith--of greater worth than gold, which perishes even though refined by fire--may be proved genuine and may result in praise, glory and honor when Jesus Christ is revealed.”

1 Peter 1:6-7 (NIV)

• **Possibility #3:** We get healed ultimately.

“No eye has seen – no ear has heard – no mind can conceive what God has prepared for those who love Him.”

1 Corinthians 2:9 (NIV)

Benefit: Our faith is perfected.

“Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.”

Hebrews 12:2 (NIV)