

# Life Group STUDY GUIDE

## What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP.
2. A Bible or Bible APP to refer to verses.

## SUNDAY MESSAGE REVIEW

**NOTE to the Life Group Leader:** This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

## OPEN IN PRAYER

### STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

### MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

### FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

## CLOSE IN PRAYER

## SAUL TO PAUL

### “Dealing with Difficult Seasons”

Causes of Hard Seasons:

1. Transition (vs. 6-8)  
*“... the time has come for my departure. . .”*
2. Loneliness (vs. 9+21)  
*“Do your best to come to me quickly. . . do your best to get here before winter.”*
3. Hurt (vs. 14-15)  
*“Alexander the metalworker did me a great deal of harm . . . he strongly opposed our message.”*
4. Lack of Support (vs. 16, 10)  
*“ . . . no one came to my support, but everyone deserted me.”*  
*“ . . . Demas has deserted me. . . ”*

How do you deal with a Difficult Season?

- Hold onto positive things that lift you up (vs. 13)  
*“ . . . bring the cloak I left . . . and my scrolls. . . ”*
- Let go of negative things that pull you down (vs. 16)  
*“ . . . everyone deserted me. May it not be held against them.”*
- Expect God to show up (vs. 17)  
*“But the Lord stood by my side and gave me strength...”*

How this worked in Paul's life:

- (vs.6) *“The time of my death is near.”*
- (vs.10) *“Demas has deserted me.”*
- (vs.14) *“Alexander the coppersmith did me much harm...”*
- (vs.16) *“The first time I was brought before the judge, no one came with me. Everyone abandoned me.”*

*“But the Lord stood with me and gave me strength so that I might preach the Good News in its entirety for all the Gentiles to hear. And he rescued me from certain death.” 2 Tim. 4:17 (NLT)*

*“Yes, and the Lord will deliver me from every evil attack and will bring me safely into his heavenly Kingdom. All glory to God forever and ever! Amen.” 2 Tim. 4:18 (NLT)*