

Life Group STUDY GUIDE

What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP.
2. A Bible or Bible APP to refer to verses.

PURSUING LIFE TOGETHER SUNDAY MESSAGE REVIEW

NOTE to the Life Group Leader: This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

OPEN IN PRAYER

STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

CLOSE IN PRAYER

STARTING OVER
"Own It"
September 16, 2018

Different Kinds of Regret:

- Regrets of Action
- Regrets of Inaction
- Regrets of Reaction

Life is God's gift to us.
Making the most of it is our gift back to God.

Choice #1: Hide Your Regret

"There were two men in a certain town, one rich and the other poor. The rich man had a very large number of sheep and cattle, but the poor man had nothing except one little ewe lamb he had bought. He raised it, and it grew up with him and his children. It shared his food, drank from his cup and even slept in his arms. It was like a daughter to him. Now a traveler came to the rich man, but the rich man refrained from taking one of his own sheep or cattle to prepare a meal for the traveler who had come to him. Instead, he took the ewe lamb that belonged to the poor man and prepared it for the one who had come to him."
2 Samuel 12:1-4 (NIV)

"As surely as the Lord lives, the man who did this must die! - He must pay for that lamb four times over, because he did such a thing and had no pity."
2 Samuel 12:5-6 (NIV)

Then Nathan said to David, "You are the man!"
2 Samuel 12:7 (NIV)

David said to Nathan, "I have sinned against the Lord."
(NIV) 2 Samuel 12:13

Choice #2: Recognize Your Regret

"Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time."

1 Peter 5:6 (NIV)

If you're ready to trust God with your regret, here is what to do:

1. Get honest with yourself.
2. Get honest with God.
3. Get honest with someone else.