



LIFEgroup STUDY GUIDE

What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

PURSUING LIFE TOGETHER *SUNDAY MESSAGE REVIEW*

NOTE to the LIFEgroup Leader: This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

OPEN IN PRAYER

STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

CLOSE IN PRAYER

HELP MY UNBELIEF
“Can God Really Use Me?”

“He personally carried our sins in his body on the cross so that we can be dead to sin and live for what is right, by his wounds you are healed.” 1 Peter 2:24 (NLT)

“God will not look you over for medals, degrees or diplomas but for scars.” -Elbert Hubbard

Our Scars:

- Most people want purpose, but they don't want pain.
- When we look into our past, we don't see our scars as healing reminders, we see them as hurdles for even God to get over.
- Our scars may be our greatest ministry.
- Our past influences and informs us, but it doesn't define us.

Jesus' Scars:

“The Word became flesh and made His home among us.” John 1:14 (NIV)

“Jesus himself was suddenly standing there among them. “Peace be with you,” he said. But the whole group was startled and frightened, thinking they were seeing a ghost! “Why are you frightened?” He asked. “Why are your hearts filled with doubt? Look at my hands. Look at my feet. You can see that it's really me. Touch me and make sure that I am not a ghost, because ghosts don't have bodies, as you see that I do.” As he spoke, he showed them his hands and feet.” Luke 24:36-40 (NLT)

- Scars are a sign, not of pain, but of healing.
- Past pain can cause us to live in wounded unbelief.
- Your scars are someone else's sign of hope.

What wounded me - doesn't hold me back