



Life Liberty, and the Happiness of Pursuit - Week 1
Blessed are the Poor in Spirit – July 5, 2026

LIFEgroup Discussion Guide

Icebreaker Questions

1. What's one item you never leave home without (besides your phone and keys)?
2. What's something you were convinced you needed to be happy—but later realized you could live without?

LIFEgroup Lesson

Discussion Questions

1. What are you currently looking to for happiness or security besides Jesus?
2. Think about the "backpack" illustration. What are you tempted to carry in hopes that it will make you feel successful, secure, or enough?
3. Which of those things has delivered lasting peace? Which has left you wanting more?
4. Jesus says, "Blessed are the poor in spirit." What do you think it practically looks like to live with that kind of dependence on God? (The sermon contrasted self-sufficiency with childlike dependence.)
5. Where do you find it easiest to depend on God? Where is it hardest?
6. This week, what is one area where you sense Jesus inviting you to exchange self-sufficiency for dependence?

Maybe this is a place to practice the prayer, "Jesus, I need You today."

7. What is one practical way you could remind yourself to pray or live that dependence each day this week?