



# LIFEgroup STUDY GUIDE

## What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

## PURSUING LIFE TOGETHER SUNDAY MESSAGE REVIEW

**NOTE to the LIFEgroup Leader:** This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

### OPEN IN PRAYER

### STARTER QUESTIONS:

**Where have you seen God at work in your life since we last met?**

**What stood out to you from the message this week?**

### MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

**How did this verse speak to you in your life?**

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

**Is there an area that you feel God is speaking to you through this message?**

### FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

**Would anyone like to share your thoughts about what we discussed today?**

**How can we pray for you as a group?**

### CLOSE IN PRAYER

## SEVEN LAST WORDS

### “Into Thy Hands”

*“It was now about the sixth hour, and there was darkness over the whole land until the ninth hour, while the sun’s light failed. And the curtain of the temple was torn in two. Then Jesus, calling out with a loud voice, said, “Father, into your hands I commit my spirit!” And having said this he breathed his last.”*

Luke 23:44-46 (ESV)

*“It was about the sixth hour...”*

Luke 23:44 (ESV)

*“...and the curtain of the temple was torn in two.”*

Luke 23:45 (ESV)

*“For the life of a creature is in the blood, and I have given it to you to make atonement for yourselves on the altar; it is the blood that makes atonement for one’s life.”*

Leviticus 17:11 (NIV)

*“...and the curtain of the temple was torn in two.”*

Luke 23:45 (ESV)

*“Therefore, brothers, since we have confidence to enter the holy places by the blood of Jesus, by the new and living way that he opened for us through the curtain, that is, through his flesh, and since we have a great priest over the house of God, let us draw near with a true heart in full assurance of faith...”*

Hebrews 10:19-22 (ESV)

*“Then Jesus, calling out with a loud voice, said, “Father, into your hands I commit my spirit!” And having said this he breathed his last.”*

Luke 23:46 (ESV)

### 3 areas we’ll trust God in when we have truly committed our lives to God:

1. We trust God with the **good things** in our life!

*“Every good and every perfect gift is from above, coming down from the Father of lights....”*

James 1:17 (NV)

When we have a healthy habit of acknowledging God for the good we experience, we are more likely to recognize His overall presence in our lives!

2. We Trust God with the **bad things** in our life

*“Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.”*

James 1:2-4 (ESV)

*“...In the world you will have tribulation. But take heart; I have overcome the world.”*

John 16:33 (ESV)

*“And we know that for those who love God all things work together for good, for those who are called according to his purpose.”*  
Romans 8:28 (ESV)

3. We trust God to give us a **new heart!**

*“The heart is deceitful above all things, and desperately sick; who can understand it?”*  
Jeremiah 17:9 (ESV)

*“Create in me a clean heart, O God, and renew a right spirit within me.”*  
Psalm 51:10 (ESV)

So instead of being led by our **hearts**, we need to be led by the **Spirit of God!**

- Do I trust God with my **financial** decisions?
- Do I trust God with my **relationship** decisions?
- Do I trust God with my **family** decisions?
- Do I trust God with my **employment** decisions?

**Response:**

1. Do I trust God with the good in my life?
2. Do I trust God with the bad things that happen in my life?
3. Do I allow God’s word to create and shape my worldview?
4. Have I committed my life to Christ in such a way that I want what He wants, and I truly want to live like He lives?
5. Do I regularly deny my own heart by saying yes to things I really don’t want to do out of obedience to God?
6. Do I regularly deny my own heart by saying no to things that I really want to do out of obedience to God?
7. Am I often inconvenienced because of my obedience to God?