



# LIFEgroup STUDY GUIDE

## What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

## PURSUING LIFE TOGETHER SUNDAY MESSAGE REVIEW

**NOTE to the LIFEgroup Leader:** This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

### OPEN IN PRAYER

### STARTER QUESTIONS:

**Where have you seen God at work in your life since we last met?**

**What stood out to you from the message this week?**

### MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

**How did this verse speak to you in your life?**

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

**Is there an area that you feel God is speaking to you through this message?**

### FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

**Would anyone like to share your thoughts about what we discussed today?**

**How can we pray for you as a group?**

### CLOSE IN PRAYER

**WHEN GOD SPEAKS**  
“Responding to the Voice of God”

**4 ways we can respond to God when He speaks:**

1. Ignore Him
2. Disobey Him
3. Delay in our obedience
4. Obey His word

*“The LORD gave this message to Jonah son of Amittai: “Get up and go to the great city of Nineveh. Announce my judgment against it because I have seen how wicked it’s people are.” But Jonah got up and went in the opposite direction to get away from the LORD. He went down to the port of Joppa, where he found a ship leaving for Tarshish. He bought a ticket and went on board, hoping to escape from the LORD by sailing to Tarshish.”* Jonah 1:1-3 (NLT)

*“But the LORD hurled a powerful wind over the sea, causing a violent storm that threatened to break the ship apart. Fearing for their lives, the desperate sailors shouted to their gods for help and threw the cargo overboard to lighten the ship. But all this time Jonah was sound asleep down in the hold. So the captain went down after him. “How can you sleep at a time like this?” he shouted. “Get up and pray to your god! Maybe he will pay attention to us and spare our lives.”* Jonah 1:4-6 (NLT)

*“Then the crew cast lots to see which of them had offended the gods and caused the terrible storm. When they did this, the lots identified Jonah as the culprit.”* Jonah 1:7 (NLT)

*“Now the LORD had arranged for a great fish to swallow Jonah. And Jonah was inside the fish for three days and three nights.”* Jonah 1:17 (NLT)

*“...An evil and adulterous generation seeks for a sign, but no sign will be given to it except the sign of the prophet Jonah. For just as Jonah was three days and three nights in the belly of the great fish, so will the Son of Man be three days and three nights in the heart of the earth.”* Matthew 12:39-40 (ESV)

*“Then the LORD spoke to Jonah a second time: “Get up and go to the great city of Nineveh, and deliver the message I have given you.” This time Jonah obeyed the LORD’s command and went to Nineveh...”* Jonah 3:1-3 (NLT)

*“When God saw what they had done and how they had put a stop to their evil ways, he changed his mind and did not carry out the destruction he had threatened.”* Jonah 3:10 (NLT)

*“Then the LORD said, “You feel sorry about the plant, though you did nothing to put it there. It came quickly and died quickly. But Nineveh has more than 120,000 people living in spiritual darkness, not to mention all the animals. Shouldn’t I feel sorry for such a great city?”* Jonah 4:10-11 (NLT)

#### 4 Takeaways from the life of Jonah

1. We can't escape from God or His call on our life!

*“Where shall I go from your Spirit? Or where shall I flee from your presence? If I ascend to heaven, you are there! If I make my bed in Sheol (the grave), you are there!”*

Psalm 139:7,8 (ESV)

God will use whatever it takes to lead us back to our calling!

2. Our disobedience can impact the lives of others!
3. When we repent, God responds!
4. No matter what we've done, God desires for everyone to be saved!

**“God is calling me to do something and it's time for me to stop running?”**