



Life, Liberty & The Happiness of Pursuit
Week 8 – August 23, 2026

LIFEGroup Discussion Guide

Icebreaker Questions

Would you say you are more of a planner or more spontaneous? What kinds of things do you enjoy planning?

Discussion Questions

1. What are some things that tend to worry you or divide your attention?
2. **Read Matthew 6:25–34.** What stands out to you about the way Jesus talks about worry and anxiety?
3. Matthew 6:32 says, “Your heavenly Father knows” the things you need. Can you think of a time when God provided for one of your needs? What happened?
4. **Read Exodus 3:1–3.** Moses stopped to look at what God was doing. What helps you notice God working in your life?
5. Take some time to think about God’s gifts in your life. What is one way God has blessed you recently?