

# Life Group STUDY GUIDE

## What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP.
2. A Bible or Bible APP to refer to verses.

## PURSUING LIFE TOGETHER

### SUNDAY MESSAGE REVIEW

**NOTE to the Life Group Leader:** This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

## OPEN IN PRAYER

## STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

## MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

## FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group? **CLOSE IN PRAYER**

## STARTING OVER

“Regret”  
September 9, 2018

### 3 Categories of Regret:

1. Regrets of Action.

2. Regrets of Inaction.

“Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone.” –The Book of Common Prayer

For all sad words of tongue or pen,  
The saddest are these: “It might have been!”                      -John Greenleaf Whittier

3. Regrets of Reaction.

*“And Peter left the courtyard, weeping bitterly.”*                      Luke 22:61 (NLT)

*“After breakfast Jesus asked Simon Peter, “Simon son of John, do you love me more than these?” “Yes, Lord,” Peter replied, “you know I love you.” “Then feed my lambs,” Jesus told him.”*                      John 21:15 (NLT)

- Jesus Affirms His Relationship with Peter.
- Jesus Confirms his Purpose for Peter.

*“Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead.”*

1 Peter 1:3 (NIV)