



# LIFEgroup STUDY GUIDE

## What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

## **PURSUING LIFE TOGETHER** *SUNDAY MESSAGE REVIEW*

**NOTE to the LIFEgroup Leader:** This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

### **OPEN IN PRAYER**

### **STARTER QUESTIONS:**

**Where have you seen God at work in your life since we last met?**

**What stood out to you from the message this week?**

### **MAIN IDEA:**

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

**How did this verse speak to you in your life?**

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

**Is there an area that you feel God is speaking to you through this message?**

### **FINAL THOUGHTS:**

- SUMMARIZE the main idea of this message.

**Would anyone like to share your thoughts about what we discussed today?**

**How can we pray for you as a group?**

### **CLOSE IN PRAYER**

## HELP MY UNBELIEF!

“Doubting God”

*“The father of the child cried out and said with tears, “Lord, I believe; help my unbelief!”*  
Mark 9:24 (NKJV)

*“Now Thomas (called **Didymus**), one of the Twelve, was not with the disciples **when Jesus came.***

*So the other disciples told him, “We have seen the Lord!”*

*“But he said to them, “Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, **I will not believe it.**”* John 20:24-25 (NIV)

*“A week later his disciples were in the house again, and **Thomas was with them.** Though the doors were locked, Jesus came and stood among them and said, “Peace be with you!”*  
John 20:26 (NIV)

*“Without good works you can’t prove whether you have faith or not; but anyone can see that I have faith by **the way I act.**”* James 2:18 (TLB)

Faith isn’t an absence of doubt,  
it’s an act of doing.

*“Then he said to Thomas, “Put your finger here; see my hands. Reach out your hand and put it into my side. **Stop doubting and believe.**”* John 20:26-27 (NIV)

### 1. “Stop Doubting”

*“Then he said to Thomas, “Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and **believe.**”* John 20:26-27 (NIV)

### 2. “Believe”

The amount of your faith isn’t as important  
as what (Who) your faith is in!

*“Jesus reached out his hand and caught him. **“You of little faith,”** he said, **“why did you doubt?”**”*  
Matthew 14:31 (NIV)

*“Then he said to Thomas, **“Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe.”**”*  
John 20:26-27 (NIV)

### 3. “Touch My Wounds”

*“Thomas said to him, **“My Lord and my God!”**”*  
John 20:28 (NIV)