



# LIFEgroup STUDY GUIDE

## What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

## **PURSUING LIFE TOGETHER** *SUNDAY MESSAGE REVIEW*

**NOTE to the LIFEgroup Leader:** This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

### **OPEN IN PRAYER**

### **STARTER QUESTIONS:**

**Where have you seen God at work in your life since we last met?**

**What stood out to you from the message this week?**

### **MAIN IDEA:**

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

**How did this verse speak to you in your life?**

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

**Is there an area that you feel God is speaking to you through this message?**

### **FINAL THOUGHTS:**

- SUMMARIZE the main idea of this message.

**Would anyone like to share your thoughts about what we discussed today?**

**How can we pray for you as a group?**

### **CLOSE IN PRAYER**

## UNBREAKABLE THREAD

“Let It Go”

“...love keeps no record of wrong”

*“Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it **keeps no record of wrongs.**”*

1 Corinthians 13:4-6 (NIV)

### Why is it hard to preach about forgiveness?

- Some wounds are more severe than others
- Some wounds are more fresh than others

### Who Was Jonah?

- Jonah was a prophet around 785 BC.
- Jonah lived during the time of the Assyrian Empire
- God tells Jonah to preach repentance to the Ninevites.
- Jonah refused God’s command to preach repentance.
- Ultimately, God gets His way.

*“...I tell you, there will be more joy in heaven over **one sinner who repents** than over ninety-nine righteous persons who need no repentance.”* Luke 15:7 (ESV)

*“But it **displeased** Jonah **exceedingly**, and he was **angry**. And he prayed to the Lord and said, “O Lord, is not this what I said when I was yet in my country? That is why I made haste to flee to Tarshish; for I knew that you are a gracious God and merciful, slow to anger and abounding in steadfast love, and relenting from disaster. Therefore now, O Lord, **please take my life from me, for it is better for me to die than to live.**”* Jonah 4:1-3 (ESV)

*“And the Lord said, **Do you do well to be angry?**”* Jonah 4:4 (ESV)

*“So Jonah...**how’s that bitterness working out for you?**”* (PTV)

### Keeping a record of wrong...

- Robs us of the joy of the Lord.
- Leads to un-Christ-like character (sin).

If we can’t celebrate God’s grace on others because we don’t think they deserve it, how can we enjoy God’s grace on us that we know we don’t deserve?

- Leads to horrible decision making.
- Prevents us from healing.

## How do I forgive?

- Pray for the heart to forgive
- Pray to give our hurt to God
- Pray for the offender
- Pray a declaration of forgiveness