



Faith Through Fire – May 31, 2026 LIFEgroup Leaders Guide

Icebreaker Questions:

1. What's something difficult you've done that ended up being worth it?
2. If you could instantly become better at handling one kind of pressure, what would it be?

LIFEgroup Lesson

Discussion Questions:

1. Read **James 1:2–6**. What is your first reaction when things go wrong?
2. Xavier said that *pressure reveals what is inside you*. Share a recent time when you were under pressure. How did you respond?
3. Read **James 1:4**. Describe a season in your life that felt painful at the time. How did you grow through it?
4. Think of something that you are walking through right now that is difficult or painful. What would it look like to surrender that situation to God?
5. Where have you seen God work through painful situations?
6. What is a strong piece of advice you have received regarding dealing with pressure or going through difficult times?