



Memento Mori - April 12, 2026 LIFEgroup Leaders Guide

Icebreaker Questions:

1. If the world were going to end tomorrow, who would you want to spend it with, and what would you eat?

LIFEgroup Lesson

I. Discussion Questions

1. Read Psalm 90:12 together. Would you say you live like your days are numbered, or like you've got plenty of time? What do you think shapes that for you?
2. When you think about your time being limited, what kind of wisdom or perspective has that given you?
3. Jake mentioned that Paul seemed at peace with the idea of his life coming to an end. When you think about your own life ending someday, what feelings come up for you?
4. Jake shared about how Alex Honnold's father's death really impacted the direction of his life. Have you experienced a loss or close call that changed how you see life? What shifted for you?
5. When life gets hard, what role has hope played for you in getting through it?
6. Jake asked, "What is worth investing your whole life into?" As you sit with that now, what feels most true for you?