



## **Branded: Week 3 - January 25, 2026** **LIFEgroup Discussion Guide**

### **Icebreaker Questions:**

1. What super hero or Marvel Character do you identify with most and why?

### **LIFEgroup Lesson**

#### **I. Discussion Questions**

1. One powerful theme from the sermon was, “that which you can’t see or won’t see will inevitably hurt you and/or others”. Where have behaviors that went unnoticed or unaddressed led to hurt in your life or the life of someone you know?
2. It also seems that, for better or worse, whatever we set our minds to begins to shape who we become. When have you seen this play out in your own life or someone else’s?
3. “What am I setting my mind to?” Read each verse below and discuss how they can help us set our mind on the right things.
  - a. Matthew 22:37- Jesus replied: “Love the Lord your God with all your heart and with all your soul and with all your mind.”
  - b. Romans 12:2- Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.
  - c. Ephesians 4:22-24 - You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.
4. Being impulsive, like Sampson, often leads to bad decisions. Instead, we are called to align our hearts and minds with God. How can we do that practically, and how might it lead to better outcomes?
5. Since we choose what we focus on, what steps can you take to uncover blind spots and focus on God first?