

Life Group STUDY GUIDE

What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

PURSUING LIFE TOGETHER

SUNDAY MESSAGE REVIEW

NOTE to the Life Group Leader: This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

OPEN IN PRAYER

STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

CLOSE IN PRAYER

SUMMER IN THE PSALMS

Psalm 119: "Soul Food"

September 3, 2017

Some treat the Bible like:

- The Constitution
- A history book
- A Bail Bondsman's phone number
- Book of Fairy Tales
- Superstitious Icon
- Status Symbol

Reasons the Bible is so valuable:

1. Helps you beat temptation (vs.11)

"I have hidden your word in my heart, that I might not sin against you." Psalm 119:11 (NLT)

2. Encourages you (vs.28)
3. Keeps you from lying to yourself (vs.29)
4. Helps you find happiness (vs.35)
5. Revives you (vs.50a)
6. Comforts you (vs.50b)
7. Helps you make great decisions (vs.105)

"Your word is a lamp to guide my feet and a light for my path." Psalm 119:105 (NLT)

8. It's a source of hope (vs.114)
9. It brings joy in the midst of stress (vs.143)
10. It gives peace (vs.165)

"Your instructions are more valuable to me than millions in gold and silver." Psalm 119:72 (NLT)

"The word of God is alive and powerful." Hebrews 4:12 (NLT)

"Give me life through your word." Psalm 119:37 (NLT)

2 Challenges:

1. Read the Bible
2. Find a Group