

SUMMER OF PSALMS

Psalm 1

June 18, 2017

How much do you know about Psalms?

Where is the book of Psalms located? Middle of bible

Psalms is a collection of 5 books

There are 150 Psalms

The longest Psalm is 119 and is 176 verses long

Who wrote the most Psalms? King David How many did he write? 73-76

In our minds, God gets smaller the more our world orbits around us and gets bigger the more we elevate Him. The book of Psalms helps us to expand our view of God.

Psalm 1 NLT – **put in verse numbers and start each verse on a new line**

- 1 Oh, the joys of those
 who do not follow the advice of the wicked,
 or stand around with sinners,
 or join in with scoffers.
- 2 But they delight in doing everything the LORD wants;
 day and night they think about his law.
- 3 They are like trees planted along the riverbank,
 bearing fruit each season without fail.
 Their leaves never wither,
 and in all they do, they prosper.
- 4 But this is not true of the wicked.
 They are like worthless chaff, scattered by the wind.
- 5 They will be condemned at the time of judgment.
 Sinners will have no place among the godly.
- 6 For the LORD watches over the path of the godly,
 but the path of the wicked leads to destruction.

God Whispers: “There’s More”

The psalmist outlines 2 habits of someone who wants more.

Habit 1: Let go.

vs1 Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with scoffers.

How do I know where to start? Ask these questions:

1. Does this person or activity encourage me to pursue Jesus?
2. Does what I’m doing align with God’s Word?

The way of a fool seems right to him, but a wise man listens to advice. Proverbs 12:15

Encouragement: Little wins make the biggest difference, cumulative small wins add up to big change

Habit 2: Plant yourself in God's Word

vs2 But they delight in doing everything the LORD wants; day and night they think about his law.

“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness.” 2 Timothy 3.16

Repentance restores our souls and resets our connection with God;
spiritual disciplines sustain our connection

How do I plant?

1. Get a plan
2. Get a place
3. Get busy
4. Get some Accountability

When you read Scripture ask two questions:

1. What does this passage show me about God's Character?
2. Is there an action step God wants me to take?

Good Resource: *Hearing God* by Peter Lord