



# LIFEgroup STUDY GUIDE

## What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

## PURSUING LIFE TOGETHER SUNDAY MESSAGE REVIEW

**NOTE to the LIFEgroup Leader:** This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

### OPEN IN PRAYER

### STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

### MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

### FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

### CLOSE IN PRAYER

## CLARITY

“Anger, Religion, and Reconciliation”

### 5 Things that get on my nerves

1. People who chew with their mouth open...
2. People who will pass you and not speak (or even look at you)...
3. People who talk loud on the phone in the grocery store...
4. When you let someone cross the street and they walk in slow motion...
5. Movie / TV spoilers....

*“You have heard that it was said to those of old, ‘You shall not murder; and whoever murders will be liable to judgment.’ But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, ‘You fool!’ will be liable to the hell of fire. So if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift. Come to terms quickly with your accuser while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison. Truly, I say to you, you will never get out until you have paid the last penny.”*

Matthew 5:21-26 (ESV)

### What did Jesus say about anger?

*“You have heard that it was said to those of old, ‘You shall not murder; and whoever murders will be liable to judgment.’*

Matthew 5:21 (ESV)

Jesus is specifically talking about what was taught, not what was written!

*“But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, ‘You fool!’ will be liable to the hell of fire.”*

Matthew 5:22 (ESV)

Jesus is exerting and demonstrating His authority over the teachers of the Law!

Uncontrolled ANGER or disproportionate anger in our Heart!

Insults, name calling, and even murder come from the same place - uncontrolled or disproportionate anger in our hearts!

God doesn't just want to modify our behavior, God wants to transform our hearts.

### What did Jesus say about Religion vs Relationship?

*“So if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift.”*

Matthew 5:23-24 (ESV)

*“Behold, you trust in deceptive words to no avail. Will you steal, murder, commit adultery, swear falsely, make offerings to Baal, and go after other gods that you have not known, and then come and stand before me in this house, which is called by my name, and say, ‘We are delivered!’—only to go on doing all these abominations? Has this house, which is called by my name, become a den of robbers in your eyes? Behold, I myself have seen it, declares the Lord.”*  
Jeremiah 7:8-11 (ESV)

### **What did Jesus say about Reconciliation?**

*“Come to terms quickly with your accuser while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison. Truly, I say to you, you will never get out until you have paid the last penny.”*  
Matthew 5:25-26 (ESV)

“reconcile quickly while you are ON THE WAY to the judge.”

“On The Way” = mercy and grace “Before The Judge” = Justice.

God doesn’t just want to modify our behavior, God wants to transform our hearts.

Make peace with man before you worship God.

If you don’t have a heart for reconciliation, you don’t have the true heart of worship.

**Reconcile while you are ON THE WAY!**