



LIFEgroup STUDY GUIDE

What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

PURSUING LIFE TOGETHER *SUNDAY MESSAGE REVIEW*

NOTE to the LIFEgroup Leader: This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

OPEN IN PRAYER

STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

CLOSE IN PRAYER

MISCONCEPTIONS

“Capacity”

“God will never give you more than you can handle”

“God is faithful; he will not let you be tempted beyond what you can bear.”

1 Corinthians 10:13 (NIV)

Peirasmos - Sin, trial, suffering, testing

- When God gives you more than you can handle...rely on others

Just on the other side of the “more than you can handle” situation is a miracle waiting to happen

- When God gives you more than you can handle...know you have a bigger purpose

“So I have come down to rescue them from the power of the Egyptians and lead them out of Egypt into their own fertile and spacious land...Look! The cry of the people of Israel has reached me, and I have seen how harshly the Egyptians abuse them. Now go, for I am sending you to Pharaoh. You must lead my people Israel out of Egypt.” But Moses protested to God, “Who am I to appear before Pharaoh? Who am I to lead the people of Israel out of Egypt?” God answered, “I will be with you.”

Exodus 3:8a-12a (NLT)

God’s power always accompanies God’s will

“But Moses pleaded with the Lord, “O Lord, I’m not very good with words. I never have been, and I’m not now, even though you have spoken to me. I get tongue-tied, and my words get tangled.” Then the Lord asked Moses, “Who makes a person’s mouth? Who decides whether people speak or do not speak, hear or do not hear, see or do not see? Is it not I, the Lord? Now go! I will be with you as you speak, and I will instruct you in what to say.”

Exodus 4:10-12 (NLT)

- When God gives you more than you can handle...our weakness reveals His strength

Moses put his limitations in God’s hands and he saw God’s limitless power

“Then Moses raised his hand over the sea, and the Lord opened up a path through the water with a strong east wind. The wind blew all that night, turning the seabed into dry land. So the people of Israel walked through the middle of the sea on dry ground, with walls of water on each side!

Exodus 14:21-22 (NLT)

- When God gives you more than you can handle...He wants you to trust His leadership
- When God gives you more than you can handle...remember we are part of something bigger than ourselves