



Forgiveness – 2.1.2026

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DISCUSSION GUIDE

Icebreaker Questions:

1. What is a moment from this month that brought you joy, fun, or happiness?
2. Tell us about a time someone gave you a gift that felt extravagant or incredibly generous. How did it make you feel?

LIFEgroup Lesson

1. What makes forgiveness come easily for you, and what makes it challenging?
2. What makes it easy or difficult for you to accept forgiveness from others?
3. Forgiveness has been described as releasing someone from a debt and wanting them to experience God's goodness. Without naming names, share about a time you chose to release someone from what they owed you. What was that like for you?
4. Read Matthew 18:21–27. In this passage, the king pays the debt. When have you experienced that forgiveness “cost” you something? What did it cost, and what did you learn?
5. How has holding onto a grudge or choosing not to forgive affected your relationship with God, others, or your sense of peace?
6. When you think about your life right now is there someone you need to forgive, what might be holding you back from fully forgiving that individual?