

Life Group STUDY GUIDE

What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP.
2. A Bible or Bible APP to refer to verses.

PURSuing LIFE TOGETHER

SUNDAY MESSAGE REVIEW

NOTE to the Life Group Leader: This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

OPEN IN PRAYER

STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

CLOSE IN PRAYER

STARTING OVER

“Redemption”
September 30, 2018

Different Kinds of Regret:

- Regrets of Action
- Regrets of Inaction
- Regrets of Reaction

Moving Beyond Regret:

- Recognize Your Regrets.
- Release Your Regrets.
- Redeem Your Regrets.

What does it look like to redeem our regrets?

1. Realize that forgiveness is a process

(Joseph / Genesis 37-50)

2. Believe that God can redeem your regrets

“We know that in all things God works for the good of those who love him, who have been called according to his purpose.”

Romans 8:28 (NIV)

“Joseph told them, “Don’t be afraid of me. Am I God, to judge and punish you? As far as I am concerned, God turned into good what you meant for evil. He brought me to the high position I have today so I could save the lives of many people.”

Genesis 50:19, 20 (NLT)

3. Be willing to take the long view

“One thing I do: forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”

Philippians 3:13-14 (NLT)

“Therefore repent and return, so that your sins may be wiped away, in order that times of refreshing may come from the presence of the Lord.” Acts 3:19 (NASB)