



LIFEgroup STUDY GUIDE

What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

PURSUING LIFE TOGETHER SUNDAY MESSAGE REVIEW

NOTE to the LIFEgroup Leader: This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

OPEN IN PRAYER

STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

CLOSE IN PRAYER

KID MATTERS "Technology"

Risks of Technology:

- It can be a huge time-waster

"Be careful how you live. Don't live foolishly. Instead, live as wise people, making every minute count because these are evil times." Ephesians 5:15-16 (NIV)

Average screen time:

- Teenagers: 7 hours, 22 minutes a day
- Kids 8-12: 4 hours, 44 minutes a day
- 2,555 hrs per year
- 191,625 hrs in a life time - 21.79 years

- It can get me addicted to other's approval

"Am I trying to win the approval of people or the approval of God?" Galatians 1:10 (NIV)

- It shapes my world view

"Don't copy the behavior and customs of this world. But let God transform you into a new person, by changing the way you think." Romans 12:2 (NIV)

"Guard your heart above all else, for it determines the course of your life." Proverbs 4:23 (NLT)

How can we help the important kids in our lives manage technology?

- Be an example

"You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye." Matthew 7:5 (NIV)

- Be willing to edit their content and frequency

"I will set no worthless thing before my eyes..." Psalm 101:3a (NASB)

- Be consistent about helping them learn to discern

"...this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best" Philippians 1:9-10 (NIV)

Resources:

- <https://meetcircle.com>
- <https://www.bark.us>

- "12 Ways Your Phone Is Changing You" by Tony Reinke.
- "The Tech-Wise Family" by Andy Crouch