



# LIFEgroup STUDY GUIDE

## What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

## **PURSUING LIFE TOGETHER** *SUNDAY MESSAGE REVIEW*

**NOTE to the LIFEgroup Leader:** This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

### **OPEN IN PRAYER**

### **STARTER QUESTIONS:**

**Where have you seen God at work in your life since we last met?**

**What stood out to you from the message this week?**

### **MAIN IDEA:**

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

**How did this verse speak to you in your life?**

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

**Is there an area that you feel God is speaking to you through this message?**

### **FINAL THOUGHTS:**

- SUMMARIZE the main idea of this message.

**Would anyone like to share your thoughts about what we discussed today?**

**How can we pray for you as a group?**

### **CLOSE IN PRAYER**

## MISCONCEPTIONS

“When it comes to sex, anything goes!”

### (Coastal Membership) 4 Key Commitments:

- I will share the responsibility of my church.
- I will serve the ministry of my church.
- I will support the testimony of my church.
- I will protect the unity of my church.

*“In the course of time, Amnon son of David fell in love with Tamar, the beautiful sister of Absalom son of David. Amnon became so obsessed with his sister Tamar that he made himself ill. She was a virgin, and it seemed impossible for him to do anything to her.*

*Now Amnon had an adviser named Jonadab son of Shimeah, David’s brother. Jonadab was a very shrewd man. He asked Amnon, “Why do you, the king’s son, look so haggard morning after morning? Won’t you tell me?” Amnon said to him, “I’m in love with Tamar, my brother Absalom’s sister.”*

*“When she took it to him to eat, he grabbed her and said, “Come to bed with me, my sister.” “No, my brother!” she said to him. “Don’t force me! Such a thing should not be done in Israel! Don’t do this wicked thing...”*

*“Tamar put ashes on her head and tore the ornate robe she was wearing. She put her hands on her head and went away, weeping aloud as she went.                      2 Samuel 13 (NIV)*

**Misconception #1:** “Repressing your sexual desires means you’re missing out.”

**Truth:** Sex is a beautiful gift from God to be enjoyed within the context of a life commitment between a man and a woman in marriage.

**Misconception #2:** “If you’ve been abused, just put it behind you and “move on.”

*“Her brother Absalom said to her, “Has that Amnon, your brother, been with you? Be quiet for now, my sister; he is your brother. Don’t take this thing to heart.” And Tamar lived in her brother Absalom’s house, a desolate woman.”                      2 Samuel 13:20 (NIV)*

**Truth:** Secrets like this cause scars and shame that can affect you for a lifetime.

*“And Tamar lived in her brother Absalom’s house, a desolate woman.”*

*“You hear, O LORD, the desire of the afflicted; you encourage them, and you listen to their cry.”*  
Psalm 10:17 (NIV)

*“You, O God, do see trouble and grief; you consider it to take it in hand. The victim commits himself to you; you are the helper of the fatherless.”* Psalm 10:14 (NIV)

*“When King David heard all this, he was furious.”* 2 Samuel 13:1-21 (NIV)

**Misconception #3:** “Who am I to talk to somebody else about sex when I’ve messed up so much!”

**Truth:** “Silence, when it comes to such important matters, can be deadly.”

*“Though your sins are like scarlet, they shall be as white as snow.”*  
Isaiah 1:18 (NIV)

*“If we confess our sins, God is faithful and just, and will forgive us our sins and purify us from all unrighteousness.”*  
1 John 1:9 (NIV)

*“There is now no condemnation for those who are in Christ Jesus.”*  
Romans 8:1 (NIV)