

**JAMES**  
“Endurance”  
October 11, 2015

**2 main themes in the Bible:**

- The way to God
- The walk with God

*“God blesses those who patiently endure testing and temptation.” James 1:12a (NLT)*

Endurance: the ability to move forward and remain active for a long period of time, as well as to resist, withstand, and recover from trauma or fatigue.

**Building Endurance:**

*“This letter is from James, a slave of God and of the Lord Jesus Christ. I am writing to the “twelve tribes”—Jewish believers scattered abroad. Greetings! Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.”*

James 1:1-4 (NLT)

1. Be able to diagnose your problems.

*“...when troubles of any kind come your way...” (vs. 2)*

**3 Examples of Trouble Sources (from James 5):**

- Sowing Trouble.

*“Consider the farmers who patiently wait for the rains in the fall and in the spring. They eagerly look for the valuable harvest to ripen.” (5:7)*

- Sifting Trouble.

*“For examples of patience in suffering, dear brothers and sisters, look at the prophets who spoke in the name of the Lord.” (5:10)*

- Mysterious Trouble.

*“You know about Job, a man of great endurance.” (5:11b)*

2. Be positive under pressure.

*“When troubles of any kind come your way, consider it an opportunity for great joy”*

(vs. 2)

3. Be confident God can use this for your good and His Glory (Romans 8:28)

*“You know that when your faith is tested, your endurance has a chance to grow. So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.” (vs. 3-4)*