



LIFEgroup STUDY GUIDE

What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

PURSUING LIFE TOGETHER *SUNDAY MESSAGE REVIEW*

NOTE to the LIFEgroup Leader: This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

OPEN IN PRAYER

STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

CLOSE IN PRAYER

PEACE OVER ANXIETY
“Promise of the Holy Spirit”

“If you love me, keep my commands. And I will ask the Father, and he will give you another advocate to help you and be with you forever— the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you.”
John 14:15-17 (NIV)

“I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Helper will not come to you. But if I go, I will send him to you.”
John 16:7 (ESV)

The Spirit inside you is better than Jesus beside you.

Who is the holy spirit:

1. The Holy Spirit is God
2. The Holy Spirit is a person
3. The Holy Spirit existed from the beginning

“In the beginning, God created the heavens and the earth. Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters.”
Genesis 1:1-2 (NIV)

“Then the Lord God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.”
Genesis 2:7 (NIV)

“At that time Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. Just as Jesus was coming up out of the water, he saw heaven being torn open and the Spirit descending on him like a dove. And a voice came from heaven: “You are my Son, whom I love; with you I am well pleased.”
Mark 1:9-11 (NIV)

“Jesus, full of the Holy Spirit, left the Jordan and was led by the spirit into the wilderness.”
Luke 4:1 (NIV)

“The Spirit of the Lord is on me, because he has anointed me.”
Luke 4:18 (NIV)

“And suddenly there came from heaven a sound like a mighty rushing wind, and it filled the entire house where they were sitting. And divided tongues as of fire appeared to them and rested on each of them and they were filled with the Holy Spirit”
Acts 2:2-4 (ESV)

“Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God?”
1 Corinthians 6:19 (NIV)

The Holy Spirit, who is fully God, is a person and has existed from the beginning, now lives in every believer.

Following Jesus' example:

1. Live a life filled with the Spirit

“And suddenly there came from heaven a sound like a mighty rushing wind, and it filled the entire house where they were sitting.”
Acts 2:2 (ESV)

2. Live a life led by the Spirit

“But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you.”
John 14:26 (ESV)

“And when he comes, he will convict the world concerning sin and righteousness and judgment.”
John 16:8 (ESV)

3. Live a life empowered by the Spirit