

# Life Group STUDY GUIDE

## What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP.
2. A Bible or Bible APP to refer to verses.

## PURSUING LIFE TOGETHER SUNDAY MESSAGE REVIEW

**NOTE to the Life Group Leader:** This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

### OPEN IN PRAYER

### STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

### MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

### FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

### CLOSE IN PRAYER

THE LAND BETWEEN  
"Staying Faithful"

*"You shall not commit adultery." Exodus 20:4 (NIV)*

How can you stay faithful?

1. Scare yourself straight

*"Can a man hold fire against his chest and not be burned? Can he walk on hot coals and not blister his feet? So it is with the man who commits adultery with another's wife. He shall not go unpunished for this sin." Prov. 6:27-29 (TLB)*

*"The one who commits adultery is an utter fool, for he destroys his own soul." Pr. 6:32 (GN)*

2. Get serious about your thought life

*"Temptation is the pull of a person's own evil thoughts and wishes. These evil thoughts lead to evil actions and afterwards to death." James 1:14-15 (LB)*

"I encourage you to be unafraid to challenge sexual and emotional correctness... What is clear is that all characterizations of modern infidelity involve the notion of a breach of contract between two individuals. It is no longer a sin against God..."

-Esther Perel, "The State of Affairs, Rethinking Infidelity"

Jesus: *"You have heard the commandment that says, 'You must not commit adultery.' But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart."* Matthew 5:27-28 (NLT)

3. Minimize the opportunities

*"Don't let yourself think about her. Don't go near her; stay away from where she walks, lest she tempt you and seduce you." Proverbs 7:25 (TLB)*

#### 4. Keep the home fires burning

*"A man should fulfill his duty as a husband and a woman should fulfill her duty as a wife, and each should satisfy the other's needs." 1 Cor. 7:3 (GN)*

*"Be faithful to your own wife... don't give your love to just any woman... Be happy with the wife you married when you were young... Let her love always make you happy; let her love always hold you captive." Proverbs 5:15-19 (NCV)*

How can you survive unfaithfulness in marriage:

- Admit the sin (Ps. 51:1-4)
- End the relationship immediately.
- Get professional help

*"[God says] no matter how deep the stain of your sins, I can take it out and make you as clean as freshly fallen snow" Isaiah 1:18 (LB)*