



Memento Mori – Week 3 Gratitude or Regret – April 26, 2026

LIFEgroup Leaders Guide

Icebreaker Questions:

1. Alright, slightly morbid but fun—when you finally kick the bucket, what would you want your tombstone to say about your life?

LIFEgroup Lesson

1. When you're faced with a decision, what factors tend to influence you the most?
2. Read Galatians 6:9. What are some real-life reasons people grow weary of doing good?
3. Think about a time you experienced betrayal. What helped you process it or begin moving forward?
4. Share about a season where you had to stay consistent without seeing immediate results. What kept you going?
5. Joseph's brothers meant to harm him, but it turned out for good. What helps you recognize purpose in difficult or unfair situations?
6. Read Genesis 39:9, 40:15, and 50:20. How does Joseph's story shape the way you think about faithfulness during hard seasons?