



# LIFEgroup STUDY GUIDE

## What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

## PURSUING LIFE TOGETHER SUNDAY MESSAGE REVIEW

**NOTE to the LIFEgroup Leader:** This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

### OPEN IN PRAYER

### STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

### MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

### FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

### CLOSE IN PRAYER

## CLARITY "Prayer"

*"But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him. "This, then, is how you should pray: "Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one."* Matthew 6:6-13 (NIV)

"...your Father, who sees what is done in secret, will reward you."

Assumptions Jesus makes about us and prayer:

1. I believe God is for me! (Romans 8:31)

*"So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it."* Hebrews 4:16 (NLT)

"Prayers are prophecies. They are the best predictors of your spiritual future. Who you become is determined on how you pray. Ultimately, the transcript of your prayers becomes the script of your life."  
-Mark Batterson, "The Circle Maker"

2. I believe God can make a difference! (Jeremiah 32:27)

Jesus' Practical Advice for your Prayers:

*"Go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you."* Matthew 6:6 (NIV)

- Be deliberate about a place and time ("Go into your room")
- Be ruthless about distractions ("close the door")
- Be thoughtful about what you say ("pray to your Father")

Different ways we pray:

- Free association prayers
- Formulaic prayers
- Foggy prayers

*“And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him.”*  
Matthew 6:7-8 (NIV)

- Focused, from our heart, prayers

*“Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.”*  
Matthew 6:6-13 (NIV)

The Lord’s Prayer is a model prayer:

- Provision           “Give us...”
- Pardon             “Forgive us...”
- Protection       “Deliver us...”

*“Our Father which art in heaven, Hallowed be thy name. Thy kingdom come, Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.”*  
Matthew 6:9-13 (KJV)

(\*KJV adds the ending of praise!)