

# Life Group STUDY GUIDE

## What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

## PURSUING LIFE TOGETHER SUNDAY MESSAGE REVIEW

**NOTE to the Life Group Leader:** This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

### OPEN IN PRAYER

### STARTER QUESTIONS:

**Where have you seen God at work in your life since we last met?**

**What stood out to you from the message this week?**

### MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

**How did this verse speak to you in your life?**

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

**Is there an area that you feel God is speaking to you through this message?**

### FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

**Would anyone like to share your thoughts about what we discussed today?**

**How can we pray for you as a group?**

### CLOSE IN PRAYER

## THIS IS US

“The Secret of Happy Relationships”

The secret sauce for happy and successful couples: Mutual Submission.

“Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves.” Philippians 2:3 (NASB)

Secret #1: Value others above yourself.

“Do not merely look out for your own personal interests, but also for the interests of others.” Philippians 2:4 (NASB)

Secret #2: Figure out what’s in their box and get interested!

“Have this attitude in yourselves which was also in Christ Jesus...” Philippians 2:5 (NASB)

“Who, although He existed in the form of God, did not regard equality with God a thing to be grasped...” Philippians 2:6 (NASB)

“But emptied Himself, taking the form of a bond-servant...” Philippians 2:7 (NASB)

Secret #3: Serve your significant other!

“Being found in appearance as a man, He humbled Himself by becoming obedient to the point of death, even death on a cross.” Philippians 2:8 (NASB)

Mutual submission is the game-changer in relationships.

“Submit to one another out of reverence for Christ.” Ephesians 5:21 (NIV)