

DISCIPLESHIP PATHWAY

Social awareness: One's ability to accurately pick up on emotions in other people and understand what is really going on with them. "Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect." Romans 12:2

CORE -STRENGTHENING WHAT MATTERS

"Favor with Man"

Starter Questions:

What does the word "favor" mean in society?

What different definitions can you think of for "favor?"

What does it mean to you, personally?

Favor:

Greek: Charis

Meaning: Grace -- that which affords joy, pleasure, delight, sweetness, charm, and loveliness.

Man:

Greek: Anthrōpos

Meaning: A Human Being

Main Idea:

This week, in our current series titled "CORE... Strengthening What Matters," James discussed "Favor With Man," and how man's emotional intelligence can affect our relationships with others.

Key Verse:

"Jesus grew in wisdom and in stature and in favor with God and all the people."
Luke 2:52 NLT

Let's look at a few highlights from this week's message:

1. Emotional intelligence is the skill of individuals in perceiving, understanding, and managing emotions and feelings.

How important is emotional intelligence, when it comes to our interactions with friends, family, and strangers?

2. Self-Awareness is ones ability to accurately perceive your own emotions in the moment and understand your tendencies across situations. (Have someone find and read 1 Timothy 4:16 NLT)

How might self awareness help you, when you're facing confrontation?

3. Self-Management is ones ability to use their awareness of their emotions to stay flexible and direct their behavior positively. (Have someone find and read John 9:25 NLT)

In what ways can you use your self-management skills when your faith is being challenged?

4. Social Awareness is ones ability to accurately pick up on emotions in other people and understand what is really going on with them. This often means perceiving what others are thinking about feeling, even if you don't feel or think the same way. (Have someone find and read Psalm 82:3 NLT)

Can you think of a recent situation in which your social awareness proved helpful? How might the situation have resulted, had you not been socially aware?

5. Relationship Management is ones ability to use their self-awareness of their own emotions and those of others to manage interactions successfully.

Where could you use better relationship management? Home? Work? What could you do to improve your relationship management skills?

James discussed 4 relationships that matter in 2018:

We need someone investing in us; someone who is further along than we are.

Someone who is not as far along as we are, whose spiritual life we can invest in.

A close friend; a brother or sister.

Another close friend.

Take time to reflect over who these relationships might be with this year, and pray for those individuals.

Final Thoughts:

Our emotional intelligence is vital in our everyday lives, *especially* concerning our faith. When you're self-aware, your relationship with God strengthens. Take David's prayer, in Psalm 86 (NIV), for example. Life was falling apart for David, but he knew he needed the Lord, and remained faithful.

“You, Lord, are forgiving and good, abounding in love to all who call to You. Hear my prayer, Lord; listen to my cry for mercy. When I am in distress, I call to You, because You answer me.”
Psalm 86:5-7

CLOSE IN PRAYER

How can we pray for you?

Additional Scriptures:

Luke 6:12-16, 1 Corinthians 11:1, Proverbs 18:24, Proverbs 13:20, Proverbs 17:17, Ecclesiastes 4:9-10, Philippians 1:12-14, Psalm 27:13-14

CORE... STRENGTHENING WHAT MATTERS!

“Favor with Man”

January 14, 2018

“Jesus grew in wisdom and in stature and in favor with God and all the people.”

Luke 2:52 (NLT)

Favor

- Greek: Charis

- Meaning - Grace – that which affords joy, pleasure, delight, sweetness, charm, and loveliness.

Man

- Greek: Anthrōpos

- Meaning – A Human Being

Emotional Intelligence

The skill of individuals in perceiving, understanding, and managing emotions and feelings.

Personal Competence

Self-Awareness

Self-Management

Social Competence

Social Awareness

Relationship Management

Social-Awareness: Ones ability to accurately perceive your own emotions in the moment and understand your tendencies across situations.

Self- Management: Ones ability to use their awareness of their emotions to stay flexible and direct their behavior positively.

Social Awareness: Ones ability to accurately pick up on emotions in other people and understand what is really going on with them. This often means perceiving what others are thinking and feeling even if you don't feel or think the same way.

Relationship Management: Ones ability to use their self-awareness of their own emotions and those of others to manage interactions successfully.

(Emotional Intelligence 2.0 by Travis Braderry & Jean Greaves)

4 Relationships That Matter in 2018

1. Someone who is further along than I am.
 - a. We need someone investing in us.
 - b. Discipleship – Luke 6:12-16 & 1 Corinthians 11:1
2. Someone who is not as far along as I am.
 - a. We are further along than someone we know, we need to get serious about investing in their spiritual life.
3. Close Friend
 - a. Brother or Sister
 - b. Proverbs 18:24, Proverbs 13:20, Proverbs 17:17, & Ecclesiastes 4:9-10
4. Another Close Friend



Someone to Disciple Me - _____



Someone I am Discipling - _____



A Close Friend - _____

A Close Friend - _____