# My Own Worst Enemy
# Week 4 - November 1, 2026

## Icebreaker Questions

1. What is something you tend to take on even when you already have too much on your plate?

2. When you have to wait for something you really want, what do you typically find most difficult about waiting?

## Discussion Questions

1. The message begins with the idea that we can sometimes be our own worst enemy. What are some ways we can get in our own way when it comes to following God's will?

2. In Matthew 14:13–21, Jesus takes time away after learning of John the Baptist's death, yet He responds with compassion when the crowds find Him. What does this passage teach us about balancing our own limits with the needs of others?

3. The message describes tempting alternatives as things we trust to give us the hope, joy, peace, or fulfillment that we should seek in God. What are some things people are tempted to rely on instead of trusting God?

4. Waiting on God can be difficult when we want answers or change right now. What helps you remain faithful when God's timing is different from your own?

5. The message describes waiting on God as being woven deeply into His will rather than rushing ahead to make things happen ourselves. What might it look like to trust God and wait on Him in a situation you are facing right now?

6. The pastor asks us to consider whether these struggles are a season or a setting in our lives. Which of the three rivals—overwhelm, tempting alternatives, or impatience—are you most likely to struggle with, and what is one step you could take to move closer to God's will?