

# Life Group STUDY GUIDE

## What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP.
2. A Bible or Bible APP to refer to verses.

## PURSUING LIFE TOGETHER SUNDAY MESSAGE REVIEW

**NOTE to the Life Group Leader:** This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

### OPEN IN PRAYER

### STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

### MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

### FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

### CLOSE IN PRAYER

## BATTLEFIELD OF THE MIND

“Renew and Take Captive”

### 1. Renew our Minds

*“Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think.”* Romans 12:2 (NLT)

*“But you will receive power when the Holy Spirit comes upon you.”* Acts 1:8 (NLT)

**God doesn’t want to just change our behavior, He wants to transform us into a new person.**

### 2. Take Captive

*“We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ...”* 2 Corinthians 10:5 (ESV)

*“For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.”* 2 Timothy 1:7 (NLT)

*“So we can confidently say, “The Lord is my helper; I will not fear; what can man do to me?”* Hebrews 13:6 (ESV)

*“Be angry and do not sin.”* Ephesians 4:26 (ESV)

*“For the anger of man does not produce the righteousness of God.”* James 1:20 (ESV)

*“The Lord is near to the brokenhearted and saves the crushed in spirit. Many are the afflictions of the righteous, but the Lord delivers him out of them all.”* Psalm 34:18-19 (ESV)

*“Anxiety in a man’s heart weighs him down, but a good word makes him glad.”* Proverbs 12:25 (ESV)

*“My little children, I am writing these things to you so that you may not sin. But if anyone does sin, we have an advocate with the Father, Jesus Christ the righteous.”* 1 John 2:1 (ESV)