



Life Liberty, and the Happiness of Pursuit Week 2 - July 12, 2026

LIFEgroup Discussion Guide

Icebreaker Questions

1. What is something you've pursued in life that you thought would make you happy, but didn't live up to your expectations?
2. What's a small, ordinary thing that consistently brings you joy?

LifeGroup Discussion Questions

1. Read Matthew 5:1–12.

Jesus begins the Sermon on the Mount with blessings that seem upside down. Which Beatitude stands out to you the most today, and why?

- 2.** The sermon contrasted our culture's pursuit of happiness (*eudaimonia*) with Jesus' invitation to the "joy of pursuit" (*makarios*). Where do you see yourself tempted to chase happiness apart from Jesus?

3. Read Matthew 5:4.

"Blessed are those who mourn, for they will be comforted." Why do you think Jesus would describe mourning as a place of blessing?

- 4.** Describe a situation where you experienced God's comfort in the middle of grief, disappointment, or loss.
- 5.** Jesus promised that God meets us in our mourning and comforts us. What does it practically look like to receive God's comfort instead of trying to escape or numb our pain?
- 6.** Is there an area of grief, disappointment, or brokenness that you're trusting God to meet you in right now? How can this group pray for and encourage you this week?