



LIFEgroup STUDY GUIDE

What you will need to supplement this guide:

1. A copy of the outline provided for notes on this message (copy from message or downloaded from the COASTAL APP).
2. A Bible or Bible APP to refer to verses.

PURSUING LIFE TOGETHER

SUNDAY MESSAGE REVIEW

NOTE to the LIFEgroup Leader: This guide is provided as a tool to assist you in facilitating a structured discussion with your group. When used in conjunction with the outline notes and a Bible this tool will ensure that your group will *Engage Authentically*. The questions are merely recommended “talk starters”. It is important for you to let God help you navigate through the conversation as you *pursue life together* as a group.

OPEN IN PRAYER

STARTER QUESTIONS:

Where have you seen God at work in your life since we last met?

What stood out to you from the message this week?

MAIN IDEA:

- REVIEW THE MAIN TOPIC OF THE MESSAGE. Allow time for discussion
- READ THE MAIN SCRIPTURE FROM THE MESSAGE OUTLINE.

How did this verse speak to you in your life?

- REVIEW THE SUB-TOPICS of the MESSAGE.

Have someone read each of the verses that were highlighted in the message, and briefly discuss.

Is there an area that you feel God is speaking to you through this message?

FINAL THOUGHTS:

- SUMMARIZE the main idea of this message.

Would anyone like to share your thoughts about what we discussed today?

How can we pray for you as a group?

CLOSE IN PRAYER

RESILIENCE

“Resolve”

Daniel 1

Resilience is what helps people to bounce back after they've been knocked down.

“In the third year of the reign of Jehoiakim king of Judah, Nebuchadnezzar king of Babylon came to Jerusalem and besieged it. And the Lord delivered Jehoiakim king of Judah into his hand, along with some of the articles from the temple of God. These he carried off to the temple of his god in Babylonia and put in the treasure house of his god.” Daniel 1:1-2 (NIV)

“Then the king ordered Ashpenaz, chief of his court officials, to bring into the king's service some of the Israelites from the royal family and the nobility— young men without any physical defect, handsome, showing aptitude for every kind of learning, well informed, quick to understand, and qualified to serve in the king's palace.” Daniel 1:3-4 (NIV)

“He was to teach them the language and literature of the Babylonians. The king assigned them a daily amount of food and wine from the king's table. They were to be trained for three years, and after that they were to enter the king's service. Among those who were chosen were some from Judah: Daniel, Hananiah, Mishael and Azariah. The chief official gave them new names: to Daniel, the name Belteshazzar; to Hananiah, Shadrach; to Mishael, Meshach; and to Azariah, Abednego.” Daniel 1:4-7 (NIV)

Where does Spiritual Resilience come from?

- Resolve that honors God

“But Daniel resolved not to defile himself with the royal food and wine.” Daniel 1:8 (NIV)

The chief official gave (Sum) them new names: to Daniel, (Sum) the name Belteshazzar; to Hananiah, Shadrach; to Mishael, Meshach; and to Azariah, Abednego. But Daniel resolved (Sum) not to defile himself with the royal food and wine.” Daniel 1:7-8 (NIV)

- Community that follows God

“Let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another.” Hebrews 10:24-25 (NIV)

- Faith that sees God

“And the Lord delivered Jehoiakim king of Judah into his hand.” Daniel 1:2 (NIV)

“Now God had caused the official to show favor and compassion to Daniel.” Daniel 1:9 (NIV)

“To these four young men God gave knowledge and understanding of all kinds of literature and learning.” Daniel 1:17 (NIV)

PAUL: *“And we know that in all things God works for the good of those who love him, who have been called according to his purpose.”* Romans 8:28 (NIV)

JESUS: *“My Father is always at his work to this very day, and I, too, am working.”* John 5:17 (NIV)

JESUS: *“All things are possible (...with God.)”* Matthew 19:26 (AMPC)