ONE CHURCH. ONE HEART.
ONE MISSION.

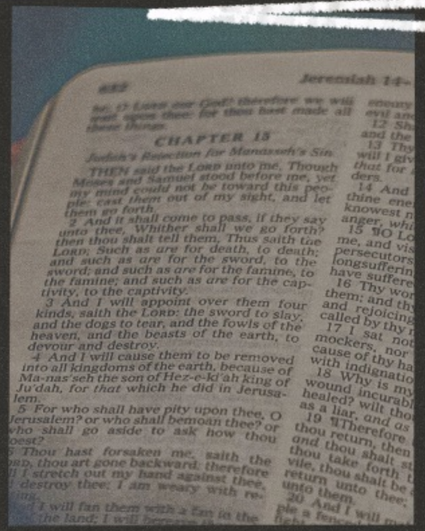














THAT THEY *BE ONE*

ONE CHURCH. ONE HEART.
ONE MISSION.

JUST BECAUSE YOU SAY YOU'RE FINE DOESN'T MEAN YOU'RE BEING HONEST!

ONE CHURCH. ONE HEART.
ONE MISSION.

YOU CAN'T BUILD REAL RELATIONSHIPS WHILE PRETENDING EVERYTHING IS FINE!

ONE CHURCH. ONE HEART.
ONE MISSION.

THE BIGGER THE GAP BETWEEN WHO I AM AND WHO I PRETEND TO BE, THE HARDER IT IS TO LIVE WITH INTEGRITY.

EPHESIANS 4:15

"INSTEAD, WE WILL SPEAK THE TRUTH IN LOVE, GROWING IN EVERY WAY MORE AND MORE LIKE CHRIST..."

ONE CHURCH. ONE HEART.
ONE MISSION.

KEEP IT REAL... FOR REAL!

ONE CHURCH. ONE HEART.
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1. STOP FAKING IT!

PROVERBS 29:25 NLT

"FEARING PEOPLE IS A DANGEROUS TRAP, BUT TRUSTING THE LORD MEANS SAFETY."

ONE CHURCH. ONE HEART.
ONE MISSION.

THE PEOPLE-PLEASING TRAP

- WE SAY YES BECAUSE WE'RE AFRAID TO SAY NO.
- WE AGREE BECAUSE WE DON'T WANT TO DISAPPOINT.

ONE CHURCH. ONE HEART.
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THE PEOPLE-PLEASING TRAP

- WE AVOID CONVERSATIONS BECAUSE WE DON'T WANT CONFLICT.
- WE PRETEND WE'RE OKAY BECAUSE WE DON'T WANT TO SEEM WEAK.

THE PEOPLE-PLEASING TRAP

- WE HIDE OUR CONVICTIONS BECAUSE WE DON'T WANT REJECTION.

PEOPLE-PLEASING IS ABOUT THEIR APPROVAL.
LOVING PEOPLE IS ABOUT THEIR GOOD.

GALATIANS 1:10 NLT

“OBVIOUSLY, I'M NOT TRYING TO WIN THE APPROVAL OF PEOPLE, BUT OF GOD. IF PLEASING PEOPLE WERE MY GOAL, I WOULD NOT BE CHRIST'S SERVANT.

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SAYING YES WITH YOUR MOUTH WHILE SAYING NO IN YOUR HEART ISN'T INTEGRITY.

2. SPEAK THE TRUTH, BUT DON'T FORGET THE LOVE!

TRUTH AND LOVE BELONG TOGETHER!

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JUST BECAUSE IT'S TRUE DOESN'T MEAN IT NEEDS TO BE SAID THAT WAY!

JAMES 1:19 NLT

"UNDERSTAND THIS, MY DEAR BROTHERS AND SISTERS: YOU MUST ALL BE QUICK TO LISTEN, SLOW TO SPEAK, AND SLOW TO GET ANGRY."

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SPIRITUAL MATURITY ISN'T JUST KNOWING WHAT TO SAY. IT'S HAVING THE WISDOM TO KNOW WHEN AND HOW TO SAY IT.

SOME OF US DON'T NEED TO SPEAK OUR MINDS MORE. WE NEED TO LET JESUS RENEW OUR MINDS BEFORE WE SPEAK!

TRUTH ISN'T A WEAPON WE USE TO WIN AN ARGUMENT;
IT'S SOMETHING WE COMMUNICATE WITH LOVE
TO BUILD HEALTHY RELATIONSHIPS.

TRUTH WITHOUT LOVE CAN WOUND.
LOVE WITHOUT TRUTH CAN ENABLE!

YOU DON'T HAVE TO SAY EVERYTHING YOU THINK. BUT WHAT YOU DO SAY SHOULD BE TRUE AND LOVING!

3. INTEGRITY MEANS MY INSIDE MATCHES MY OUTSIDE

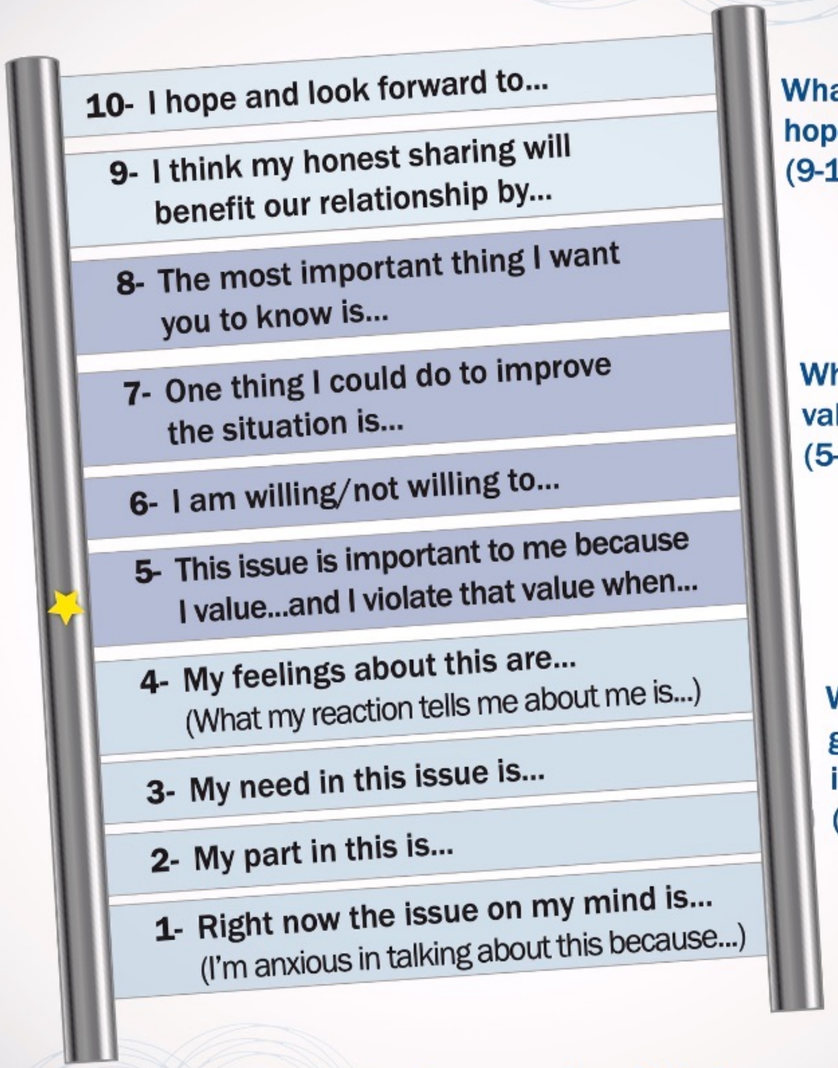
PSALM 51:6 NKJV

"BEHOLD, YOU DESIRE TRUTH IN THE INWARD PARTS, AND IN THE HIDDEN PART YOU WILL MAKE ME TO KNOW WISDOM."

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GOD ISN'T JUST INTERESTED IN WHAT COMES OUT OF MY MOUTH. HE'S INTERESTED IN WHAT'S GOING ON IN MY HEART.

CLIMB THE LADDER OF INTEGRITY



What I hope (9-10)

What I value (5-8)

What is going on inside me (1-4)

Be sure to stick to one issue.

emotionally HEALTHY SPIRITUALITY

FOUR QUESTIONS TO HELP US CLIMB

1. WHAT'S REALLY GOING ON INSIDE ME?
2. WHY AM I RESPONDING THIS WAY?
3. WHAT IS MY RESPONSIBILITY?
4. HOW CAN I COMMUNICATE THIS WITH TRUTH AND LOVE?

ONE CHURCH. ONE HEART.
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YOU CAN'T CHANGE WHAT YOU WON'T ACKNOWLEDGE.

THE HOLY SPIRIT DOESN'T JUST WANT TO CHANGE OUR WORDS. HE WANTS TO CHANGE OUR HEARTS.

ROMANS 12:2

“BE TRANSFORMED BY THE RENEWING OF YOUR MIND.”

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4. HEALTHY RELATIONSHIPS REQUIRE COURAGE

GALATIANS 2:11–14 NLT

"BUT WHEN PETER CAME TO ANTIOCH, I HAD TO OPPOSE HIM TO HIS FACE, FOR WHAT HE DID WAS VERY WRONG. [12] WHEN HE FIRST ARRIVED, HE ATE WITH THE GENTILE BELIEVERS, WHO WERE NOT CIRCUMCISED. BUT AFTERWARD, WHEN SOME FRIENDS OF JAMES CAME, PETER WOULDN'T EAT WITH THE GENTILES ANYMORE. HE WAS AFRAID OF CRITICISM FROM THESE PEOPLE WHO INSISTED ON THE NECESSITY OF CIRCUMCISION. [13] AS A RESULT, OTHER JEWISH

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GALATIANS 2:11–14 NLT

BELIEVERS FOLLOWED PETER'S HYPOCRISY, AND EVEN BARNABAS WAS LED ASTRAY BY THEIR HYPOCRISY. [14] WHEN I SAW THAT THEY WERE NOT FOLLOWING THE TRUTH OF THE GOSPEL MESSAGE, I SAID TO PETER IN FRONT OF ALL THE OTHERS, "SINCE YOU, A JEW BY BIRTH, HAVE DISCARDED THE JEWISH LAWS AND ARE LIVING LIKE A GENTILE, WHY ARE YOU NOW TRYING TO MAKE THESE GENTILES FOLLOW THE JEWISH TRADITIONS?

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SOMETIMES THE MOST LOVING THING YOU CAN DO IS HAVE THE CONVERSATION YOU'VE BEEN AVOIDING.

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MATTHEW 5:9 NKJV

“BLESSED ARE THE PEACEMAKERS, FOR THEY SHALL BE CALLED SONS OF GOD.”

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PEACEKEEPING AVOIDS THE PROBLEM.
PEACEMAKING WORKS TOWARD HEALING.

JESUS ISN'T JUST INTERESTED IN CHANGING WHAT PEOPLE SEE. HE WANTS TO TRANSFORM WHO WE ARE!

QUESTIONS TO ASK MYSELF:

1. WHERE HAVE I BEEN PRETENDING?
2. WHAT TRUTH HAVE I BEEN AVOIDING?
3. WHAT CONVERSATION DO I NEED TO HAVE WITH LOVE AND COURAGE?

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ONE MISSION.

KEEP IT REAL. KEEP IT LOVING. KEEP IT JESUS.

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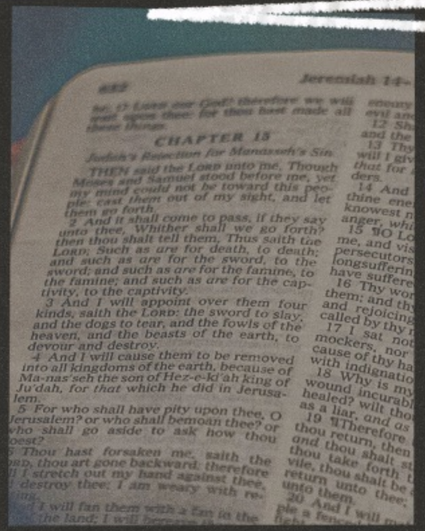














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