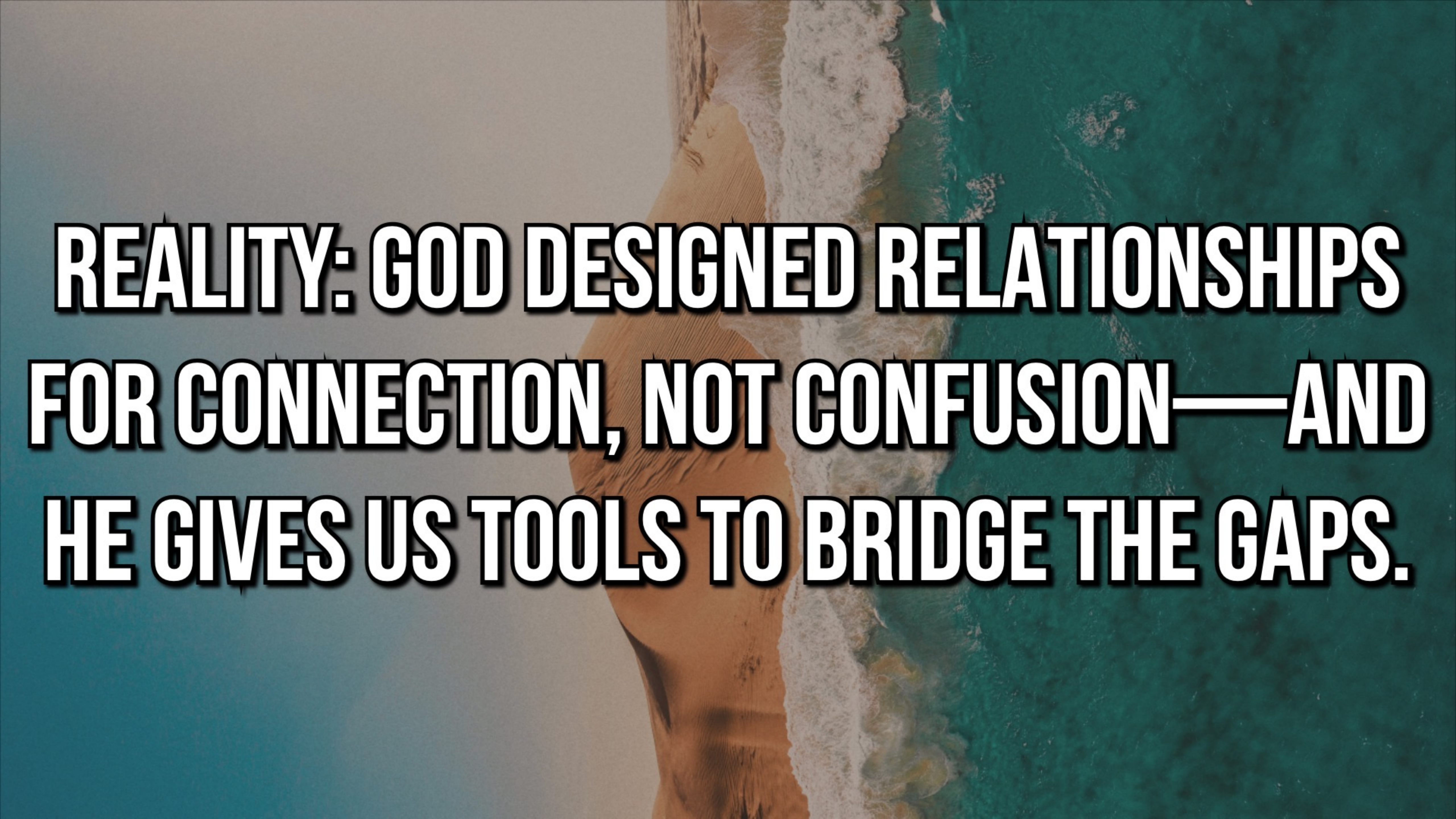


An aerial photograph of a coastline. On the left, a large, smooth sand dune slopes down towards the water. The ocean is a vibrant turquoise color, with white foam from breaking waves visible along the shoreline. The sky is a pale, hazy blue. The text 'BEYOND THE SURFACE' is overlaid on the image. 'BEYOND' is in a medium blue, italicized sans-serif font. 'THE' is in a dark brown, bold sans-serif font, centered within a semi-transparent orange circle. 'SURFACE' is in a dark teal, italicized sans-serif font.

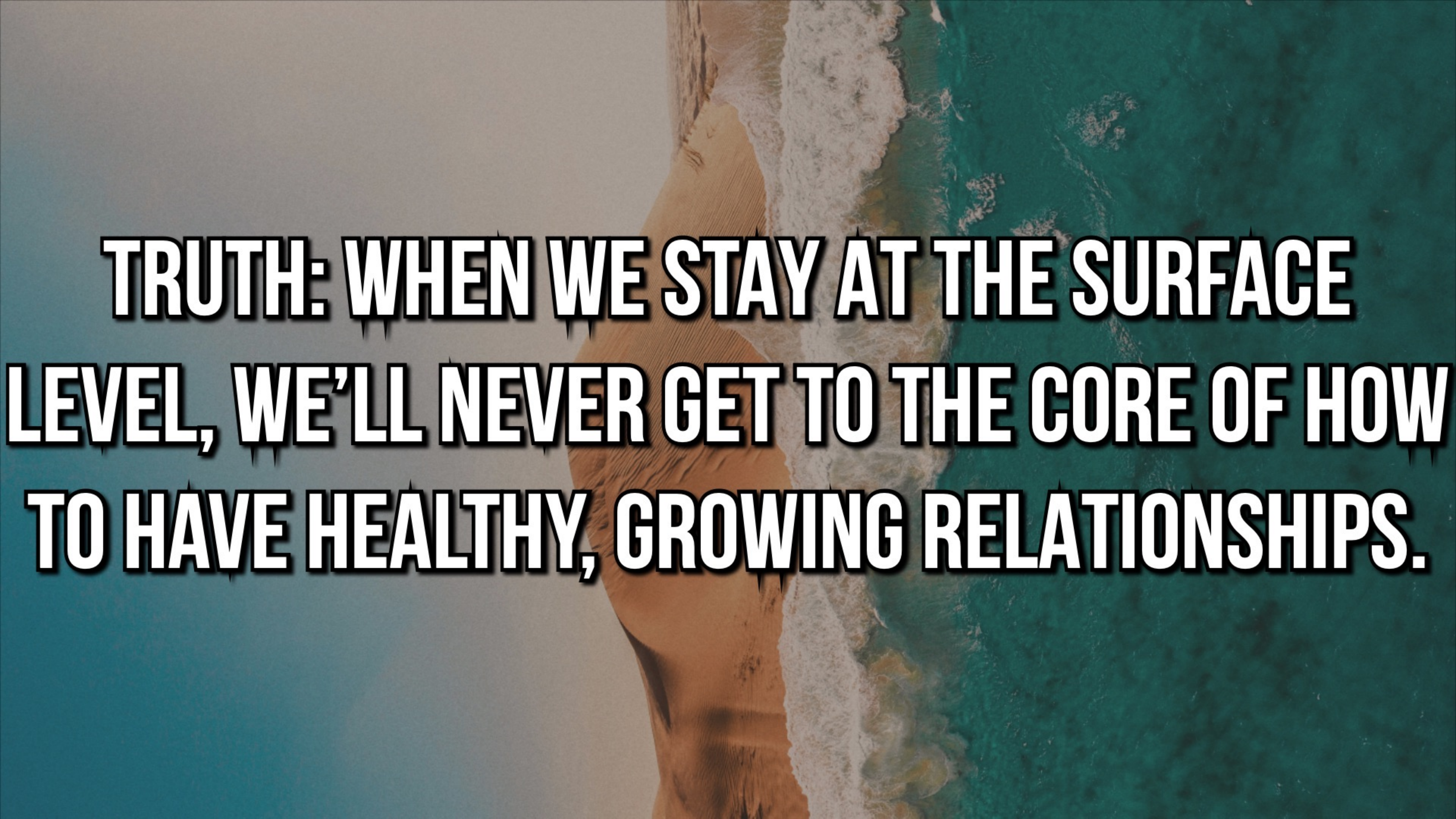
BEYOND

THE

SURFACE

An aerial photograph of a coastline. A wooden pier or breakwater extends from a sandy beach into the ocean. The water is a deep teal color, and the beach is a light tan color. The text is overlaid on the image in a bold, white, sans-serif font with a black outline.

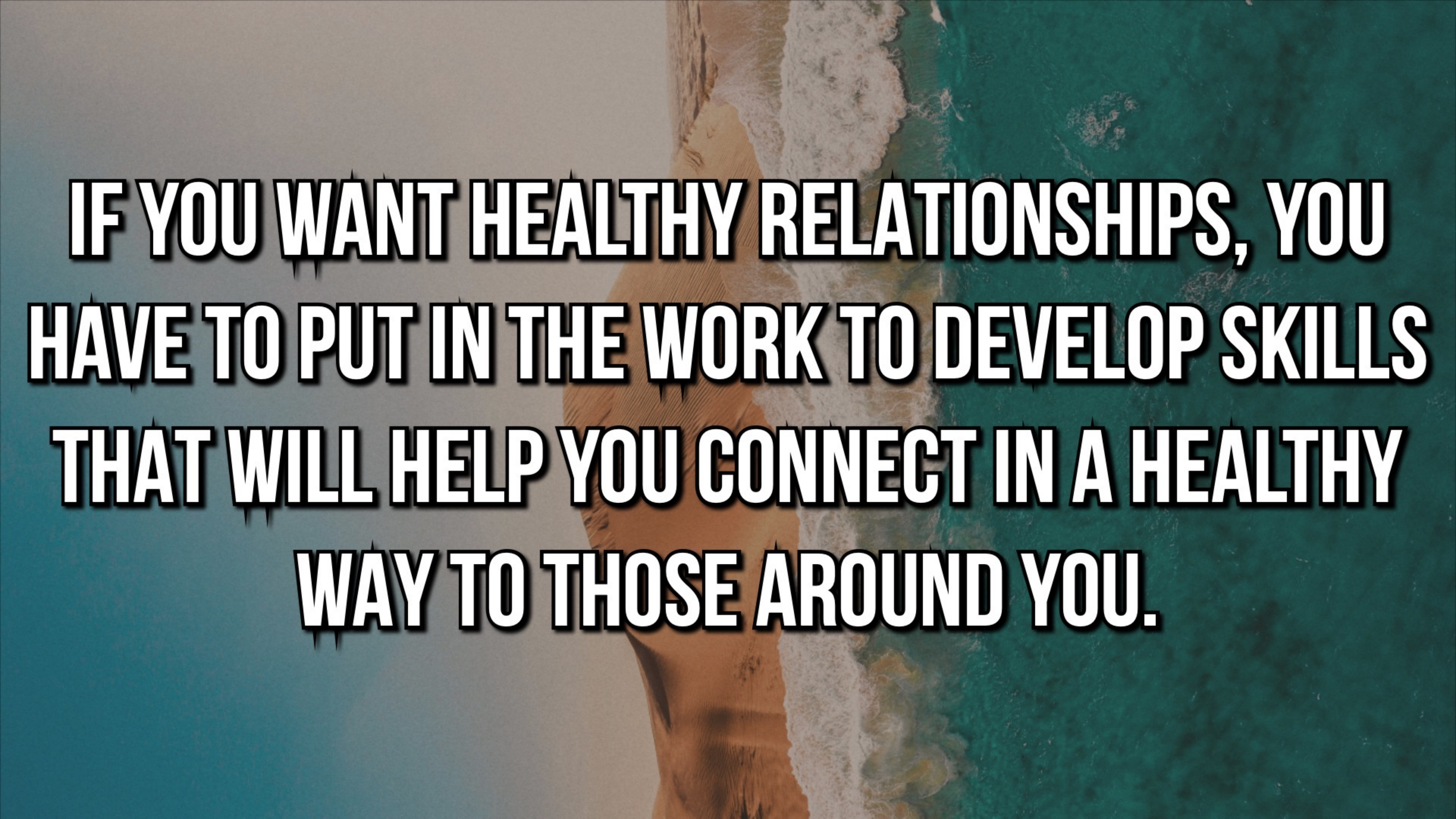
**REALITY: GOD DESIGNED RELATIONSHIPS
FOR CONNECTION, NOT CONFUSION—AND
HE GIVES US TOOLS TO BRIDGE THE GAPS.**

An aerial photograph of a coastline. A narrow, light-colored sandy beach runs vertically through the center of the image. To the left of the beach is a calm, light blue-grey area, possibly a lagoon or a very shallow part of the ocean. To the right is a deeper turquoise sea with visible white foam from breaking waves. The overall scene is serene and natural.

**TRUTH: WHEN WE STAY AT THE SURFACE
LEVEL, WE'LL NEVER GET TO THE CORE OF HOW
TO HAVE HEALTHY, GROWING RELATIONSHIPS.**

JOHN 13:34—35 NLT

SO NOW I AM GIVING YOU A NEW COMMANDMENT: LOVE EACH OTHER. JUST AS I HAVE LOVED YOU, YOU SHOULD LOVE EACH OTHER. YOUR LOVE FOR ONE ANOTHER WILL PROVE TO THE WORLD THAT YOU ARE MY DISCIPLES.



**IF YOU WANT HEALTHY RELATIONSHIPS, YOU
HAVE TO PUT IN THE WORK TO DEVELOP SKILLS
THAT WILL HELP YOU CONNECT IN A HEALTHY
WAY TO THOSE AROUND YOU.**

An aerial photograph of a coastline. On the left, a vast, flat, light-colored area, possibly a salt flat or a dry lake bed, stretches towards the horizon. To the right, a sandy beach curves along the edge of a vibrant turquoise ocean. White foam from breaking waves is visible where the sea meets the shore. The overall scene is serene and scenic.

READ THE ROOM!

WHAT IS A “COMMUNITY TEMPERATURE READING (CTR)?

“CTR IS A SIMPLE, STRUCTURED WAY TO SHARE WHAT’S HAPPENING INSIDE YOU AND HEAR WHAT’S HAPPENING INSIDE OTHERS—SO RELATIONSHIPS STAY WARM AND ALIVE.”

- PETE & GERI SCAZZERO

(EMOTIONALLY HEALTHY RELATIONSHIPS)

WHY WOULD I NEED TO DO THIS IN MY RELATIONSHIPS?

- **BUILDS TRUST AND SAFETY.**
- **PREVENTS RESENTMENT AND SILENT BUILD UP.**
- **DEEPENS JOY AND GRATITUDE.**
- **KEEPS SMALL ISSUES FROM BECOMING BIG CONFLICTS.**

THE FIVE CATEGORIES OF CTR **APPRECIATIONS**

1 THESSALONIANS 5:11 NLT

“ENCOURAGE EACH OTHER AND BUILD EACH OTHER UP.”

THE FIVE CATEGORIES OF CTR

PUZZLES

PROVERBS 18:13 NLT

**“SPOUTING OFF BEFORE LISTENING TO
THE FACTS IS BOTH SHAMEFUL AND FOOLISH.”**

THE FIVE CATEGORIES OF CTR **COMPLAINTS WITH POSSIBLE SOLUTIONS**

EPHESIANS 4:15 NLT

**“WE WILL SPEAK THE TRUTH IN LOVE, GROWING IN
EVERY WAY MORE AND MORE LIKE CHRIST.”**

THE FIVE CATEGORIES OF CTR

NEW INFORMATION

PHILIPPIANS 2:4 NLT

**“DON’T LOOK OUT ONLY FOR YOUR OWN INTERESTS, BUT
TAKE AN INTEREST IN OTHERS, TOO.”**

THE FIVE CATEGORIES OF CTR

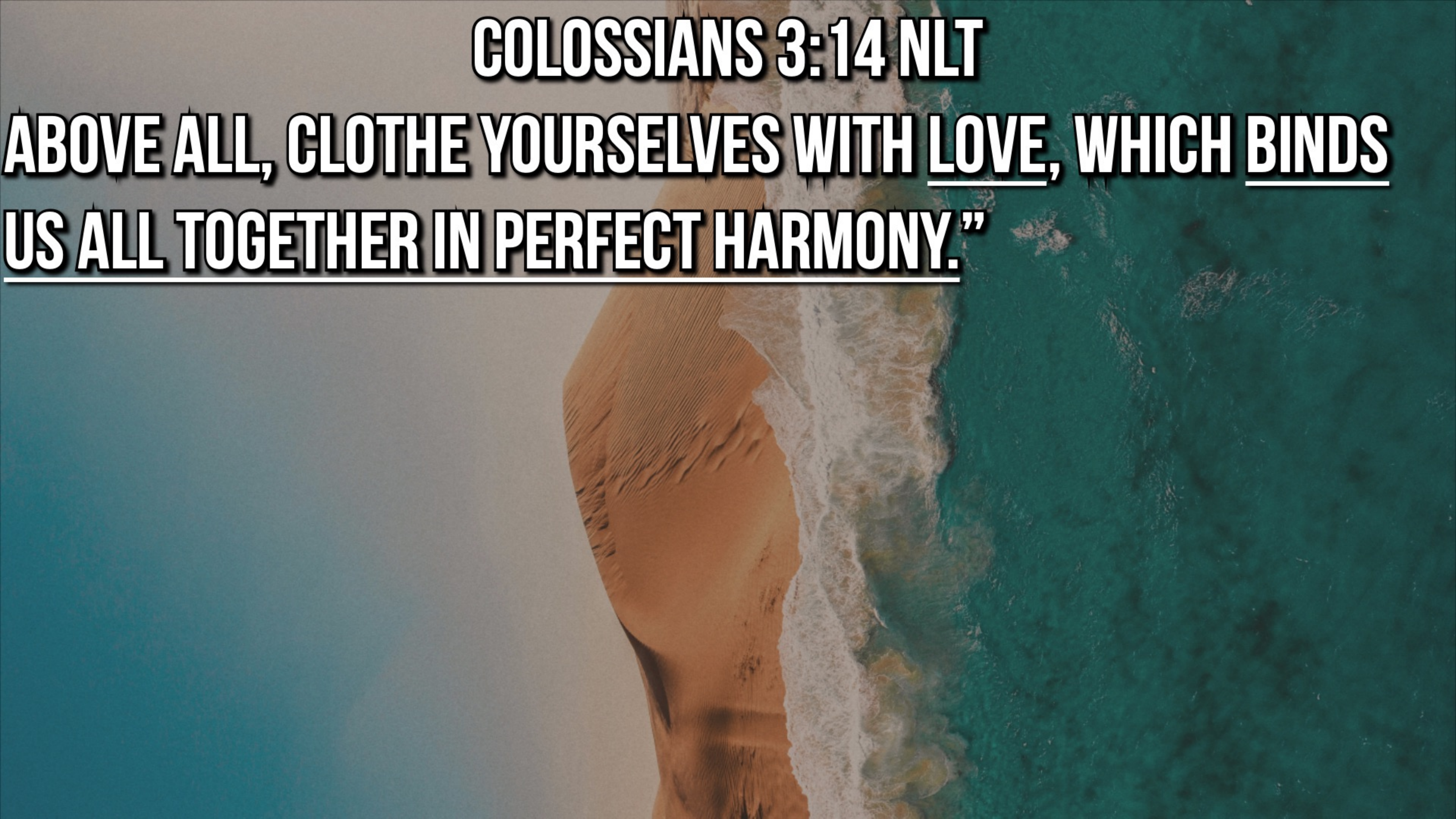
HOPES & WISHES

ROMANS 15:13 NLT

“I PRAY THAT GOD, THE SOURCE OF HOPE, WILL FILL YOU COMPLETELY WITH JOY AND PEACE BECAUSE YOU TRUST IN HIM. THEN YOU WILL OVERFLOW WITH CONFIDENT HOPE THROUGH THE POWER OF THE HOLY SPIRIT.”

COLOSSIANS 3:14 NLT

**ABOVE ALL, CLOTHE YOURSELVES WITH LOVE, WHICH BINDS
US ALL TOGETHER IN PERFECT HARMONY."**



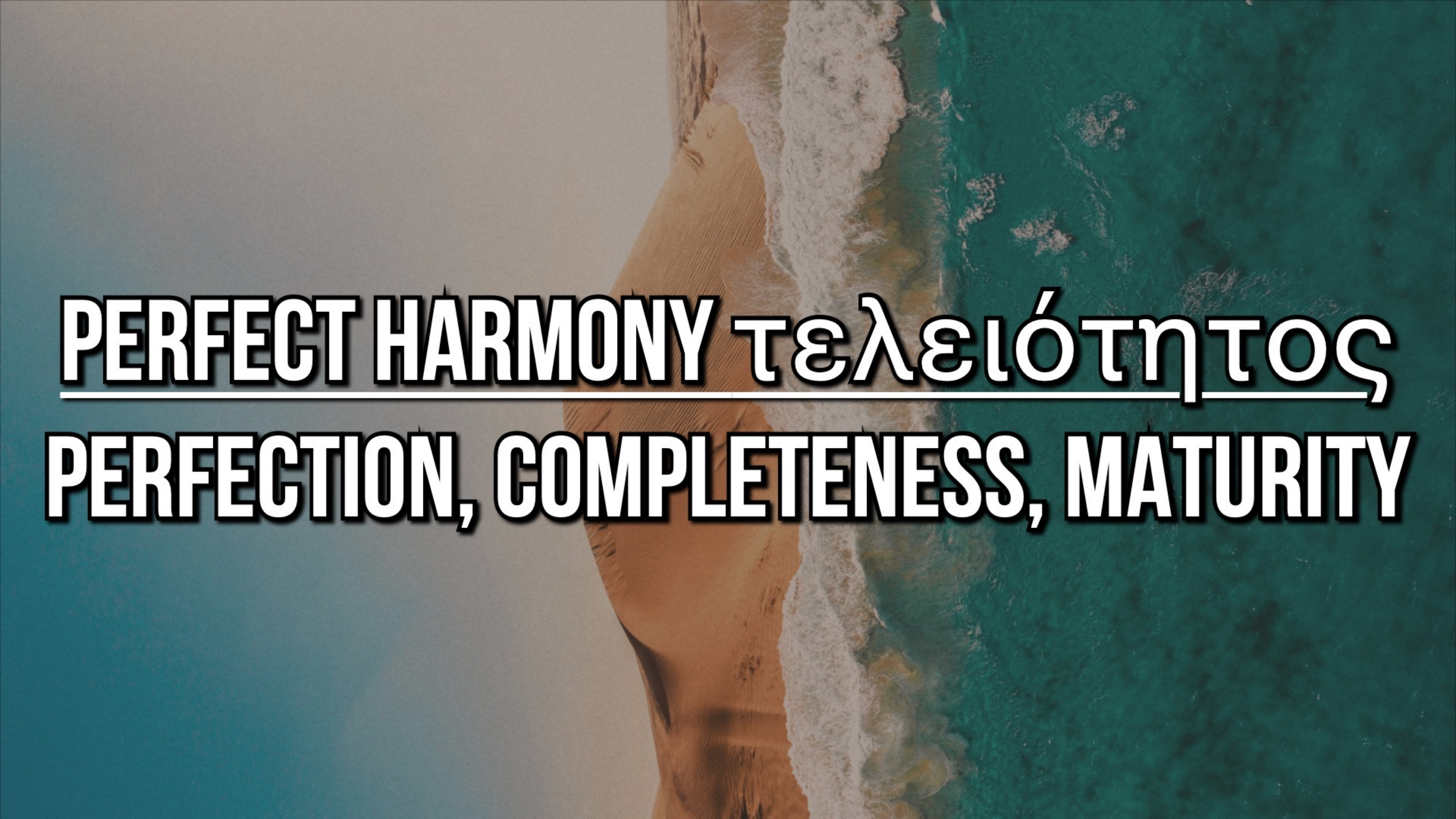


LOVE ἀγάπην (AGAPĒN)

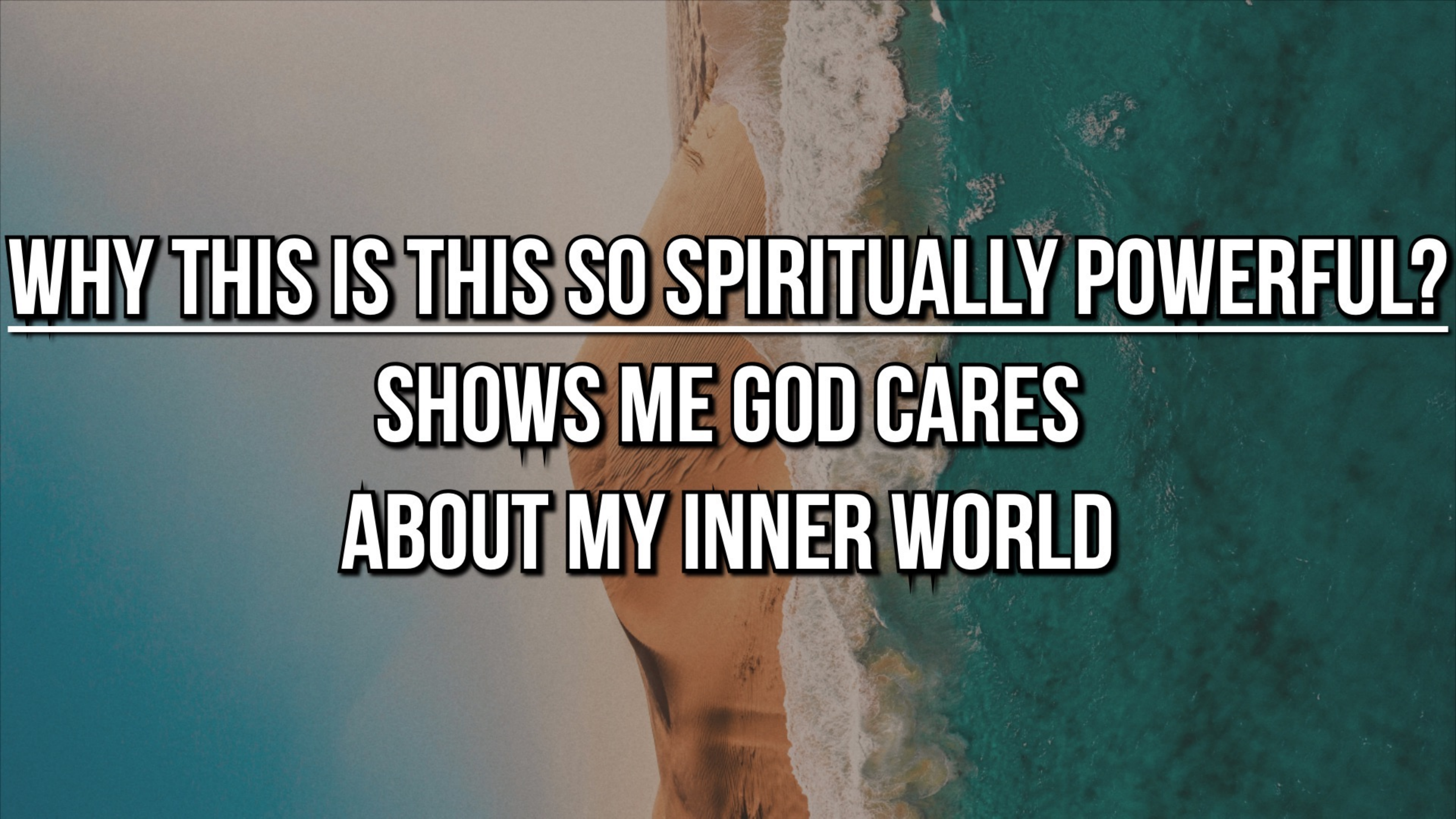
**UNCONDITIONAL LOVE; SELF-GIVING,
COVENANTAL LOVE**

BINDS σύνδεσμος (SYNDESMOS)

**SINEWS, TENDONS, TIGHT BONDING
TOGETHER, BOND, FASTENING, THAT WHICH
HOLDS TOGETHER**



PERFECT HARMONY τελειότητα
PERFECTION, COMPLETENESS, MATURITY

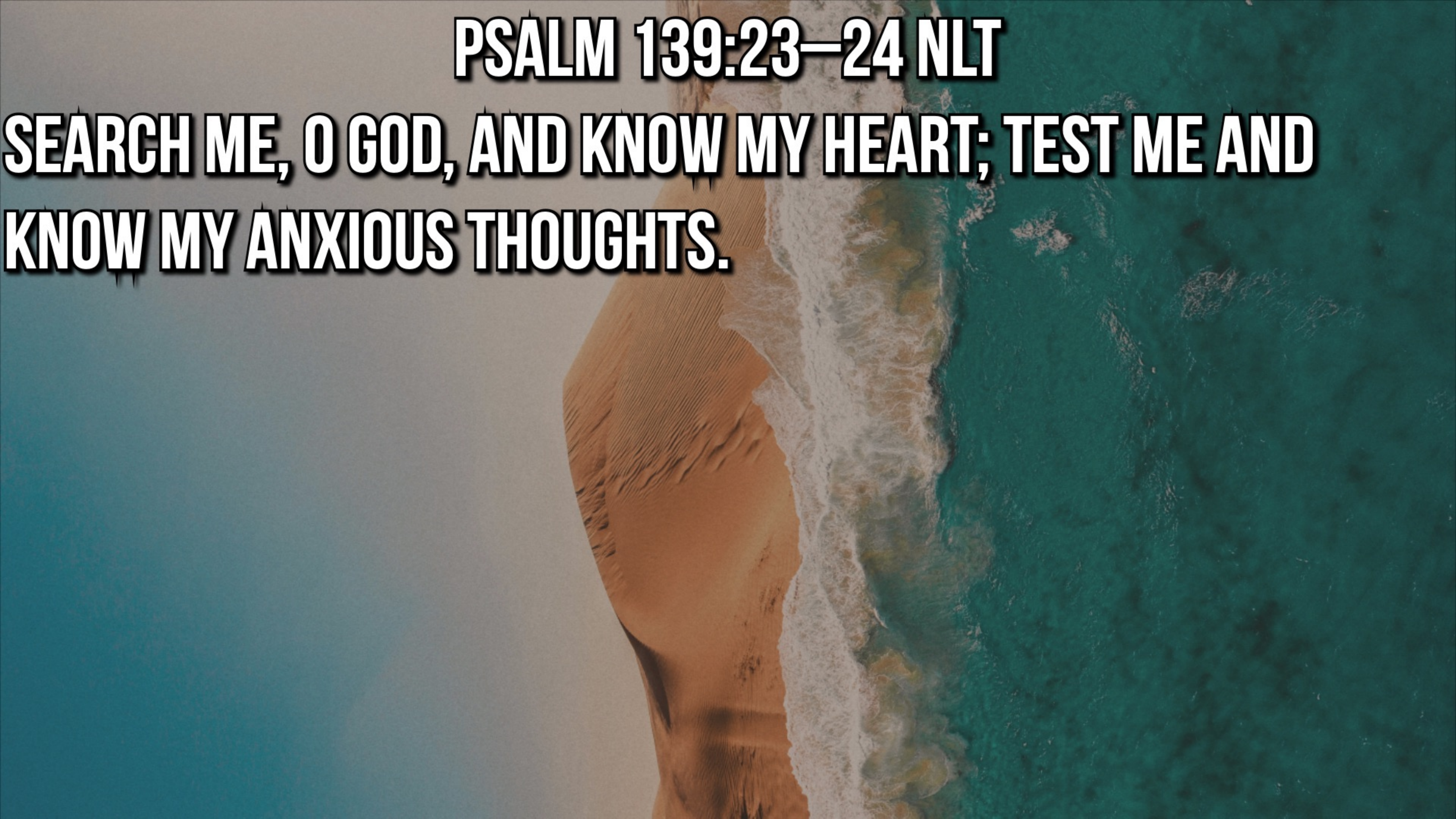


WHY THIS IS THIS SO SPIRITUALLY POWERFUL?

**SHOWS ME GOD CARES
ABOUT MY INNER WORLD**

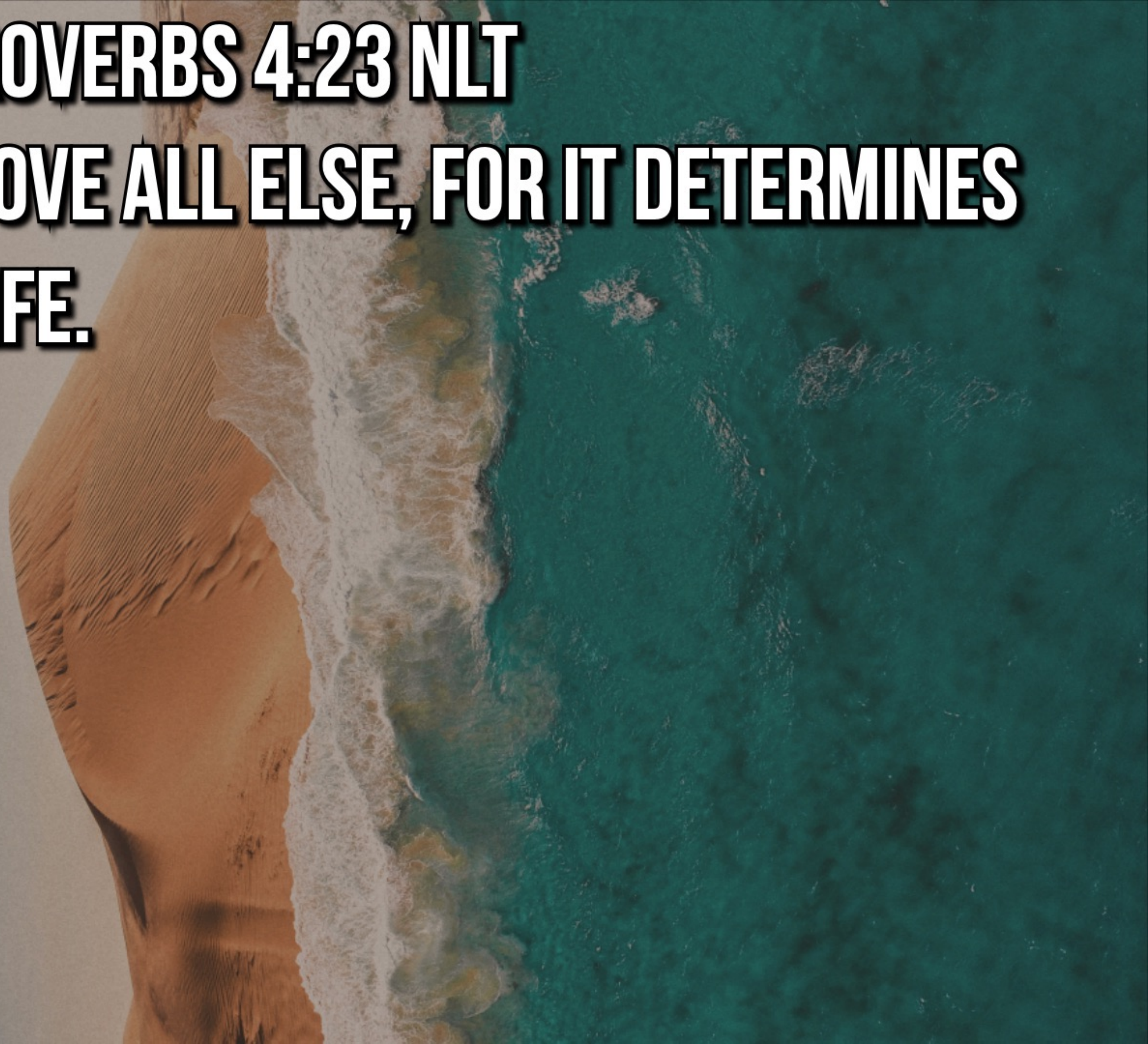
PSALM 139:23—24 NLT

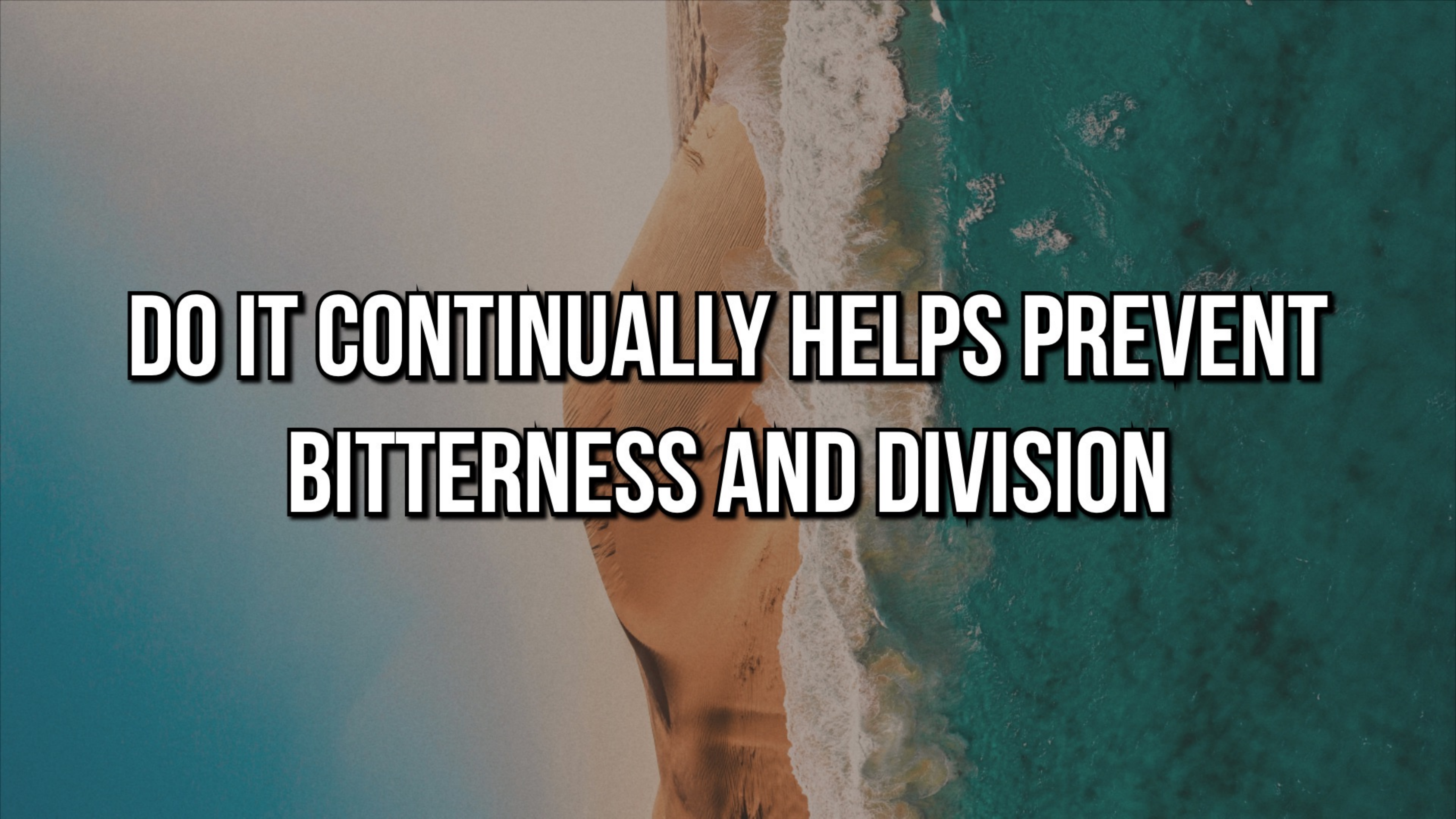
**SEARCH ME, O GOD, AND KNOW MY HEART; TEST ME AND
KNOW MY ANXIOUS THOUGHTS.**



PROVERBS 4:23 NLT

**GUARD YOUR HEART ABOVE ALL ELSE, FOR IT DETERMINES
THE COURSE OF YOUR LIFE.**

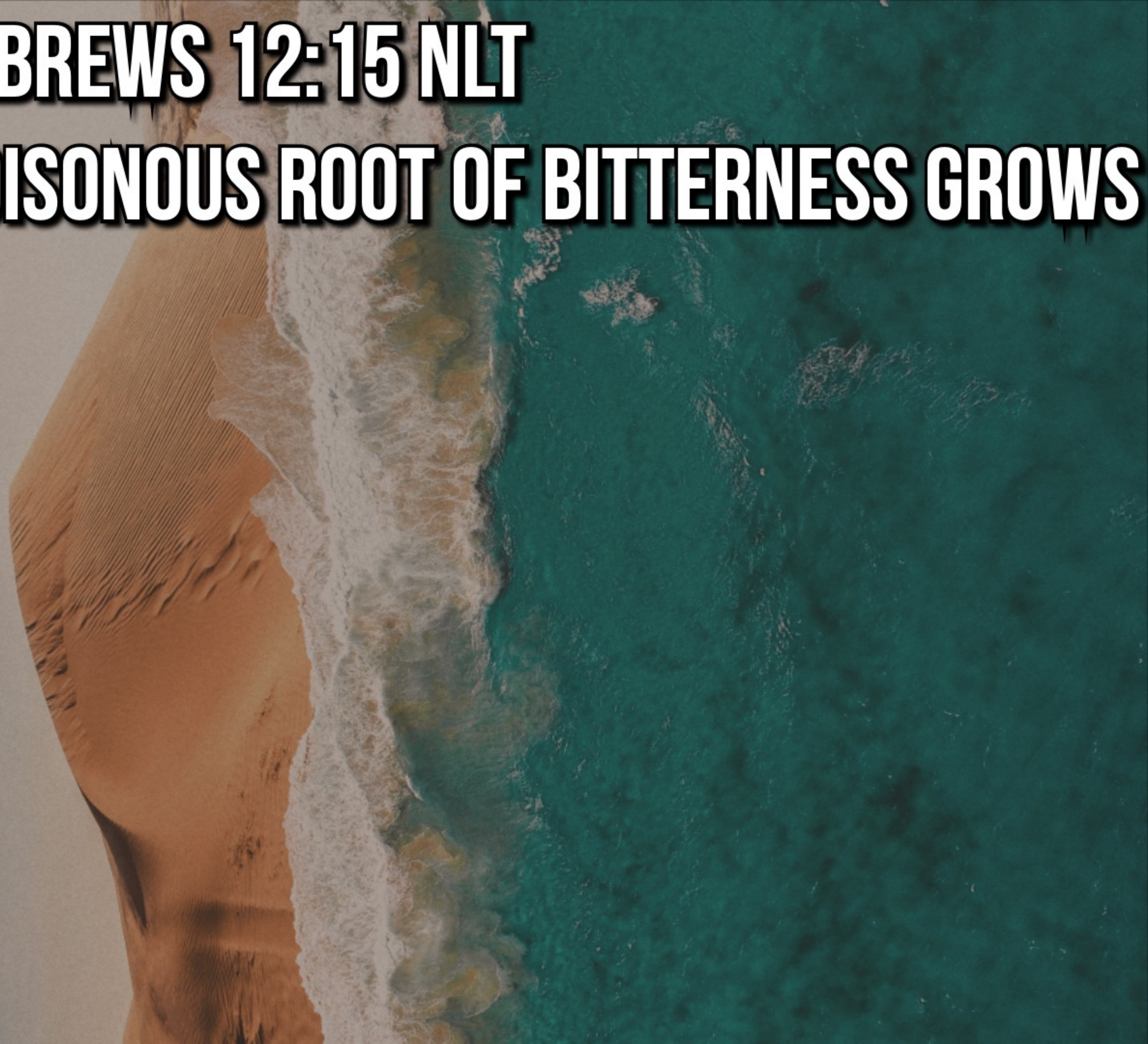


An aerial photograph of a coastline. On the left, a wide, light-colored sandy beach stretches towards the bottom. To the right of the beach, the ocean water is a vibrant turquoise color, with white foam from breaking waves visible along the shoreline. The overall scene is bright and clear.

**DO IT CONTINUALLY HELPS PREVENT
BITTERNESS AND DIVISION**

HEBREWS 12:15 NLT

**WATCH OUT THAT NO POISONOUS ROOT OF BITTERNESS GROWS
UP TO TROUBLE YOU.**

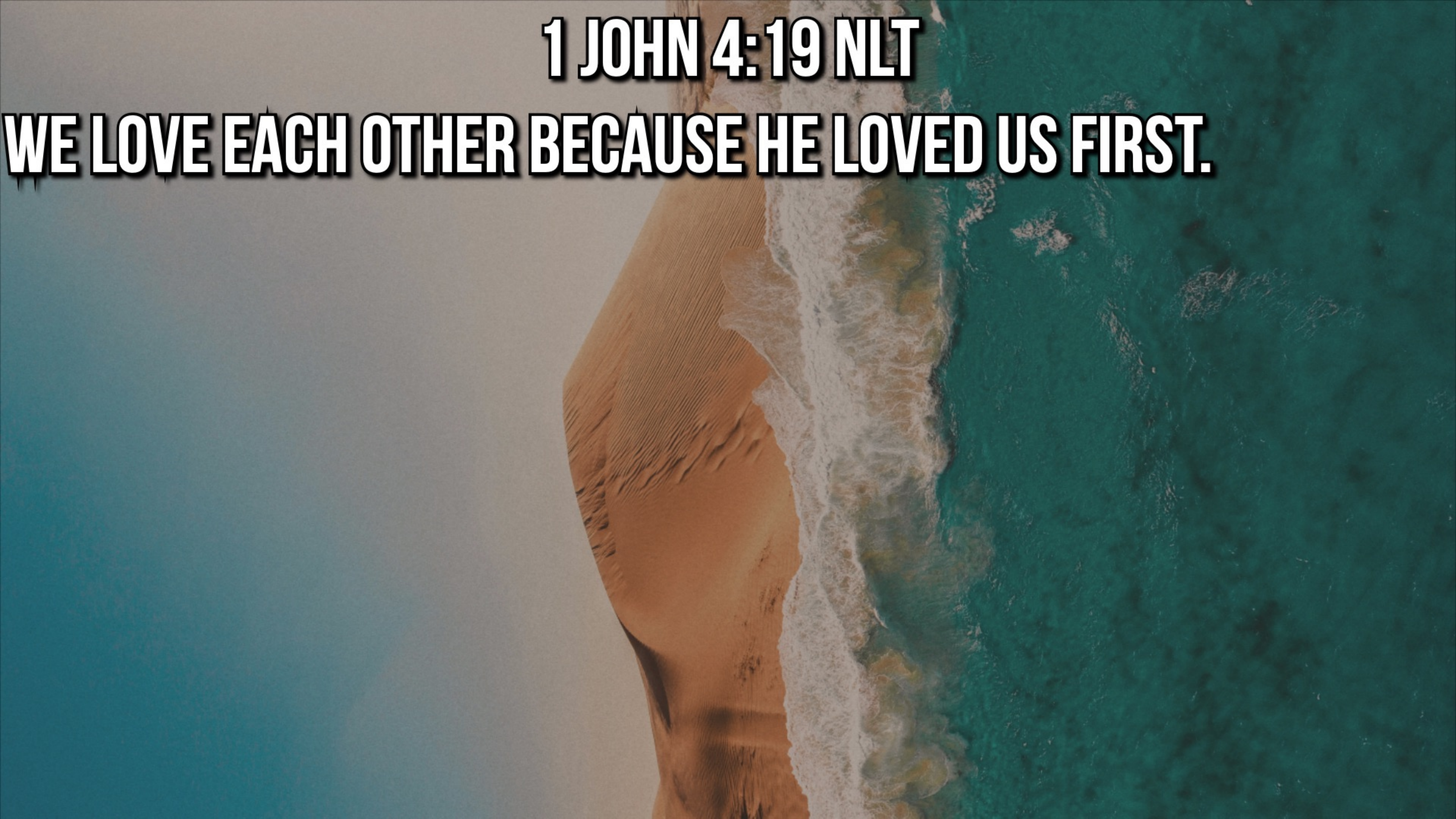


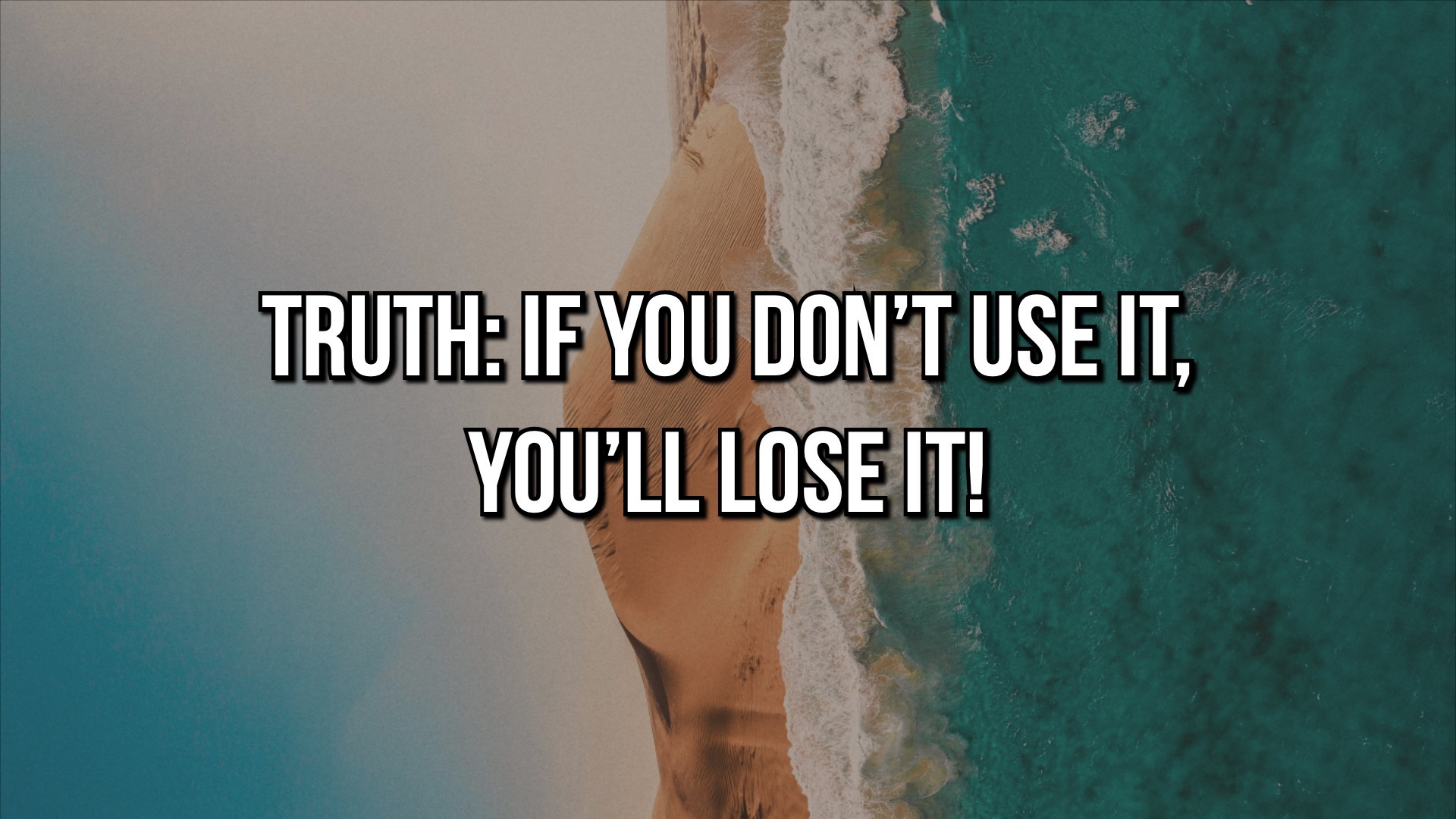
An aerial photograph of a coastline. The top left shows a pale, overcast sky. Below it is a wide, white sandy beach. To the right of the beach is the ocean, with a vibrant turquoise color near the shore transitioning into a deeper teal further out. The water's surface has some darker patches, possibly rocks or seaweed. The text is overlaid on the beach and water area.

**IT MODELS CHRISTLIKE
LOVE FOR ME TO WALK IN.**

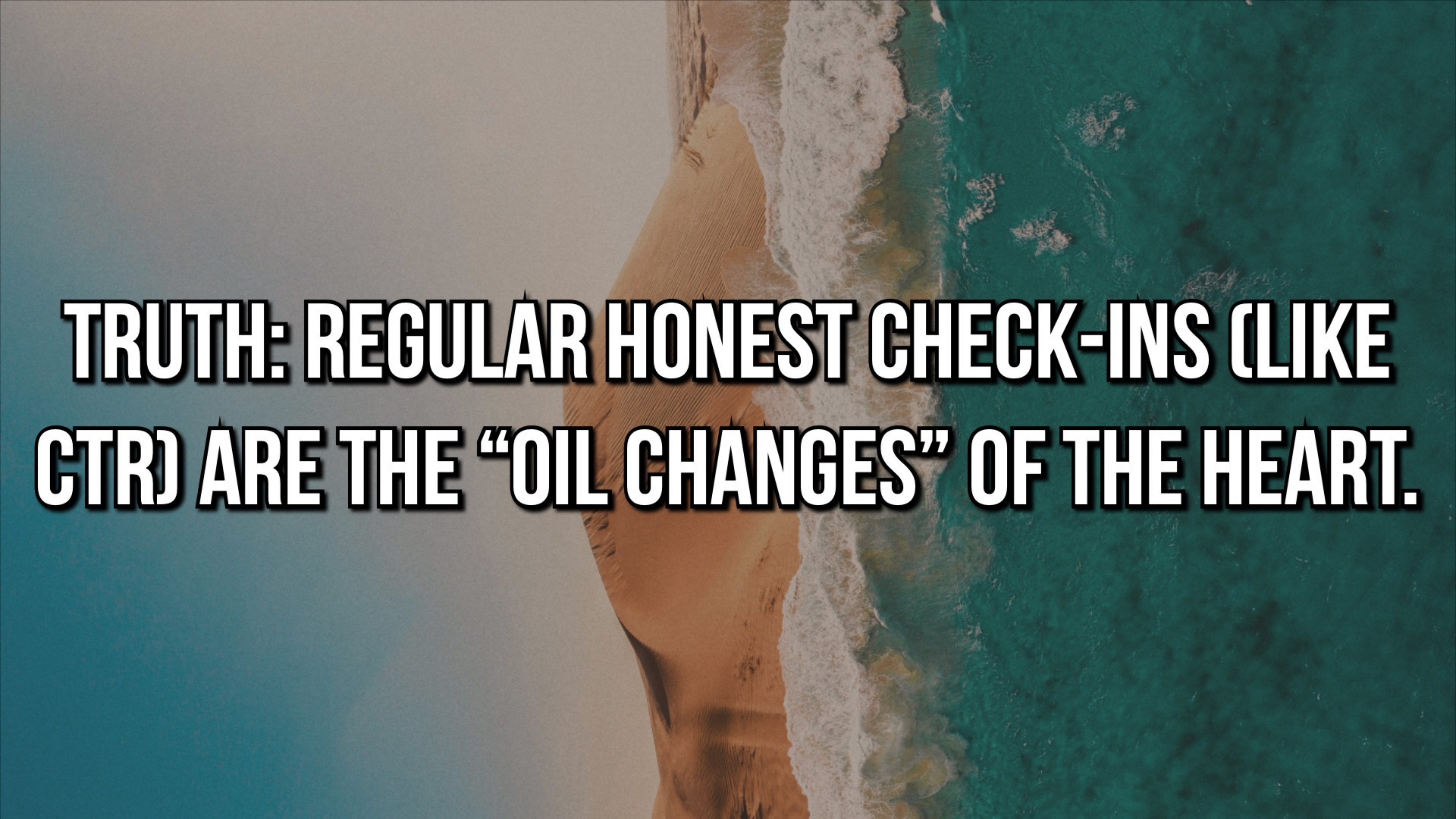
1 JOHN 4:19 NLT

WE LOVE EACH OTHER BECAUSE HE LOVED US FIRST.



An aerial photograph of a coastline. On the left, a wide, light-colored sandy beach stretches towards the horizon. To the right of the beach, the ocean is a deep turquoise color. White foam from waves is visible where the water meets the shore. The sky is a pale, hazy blue.

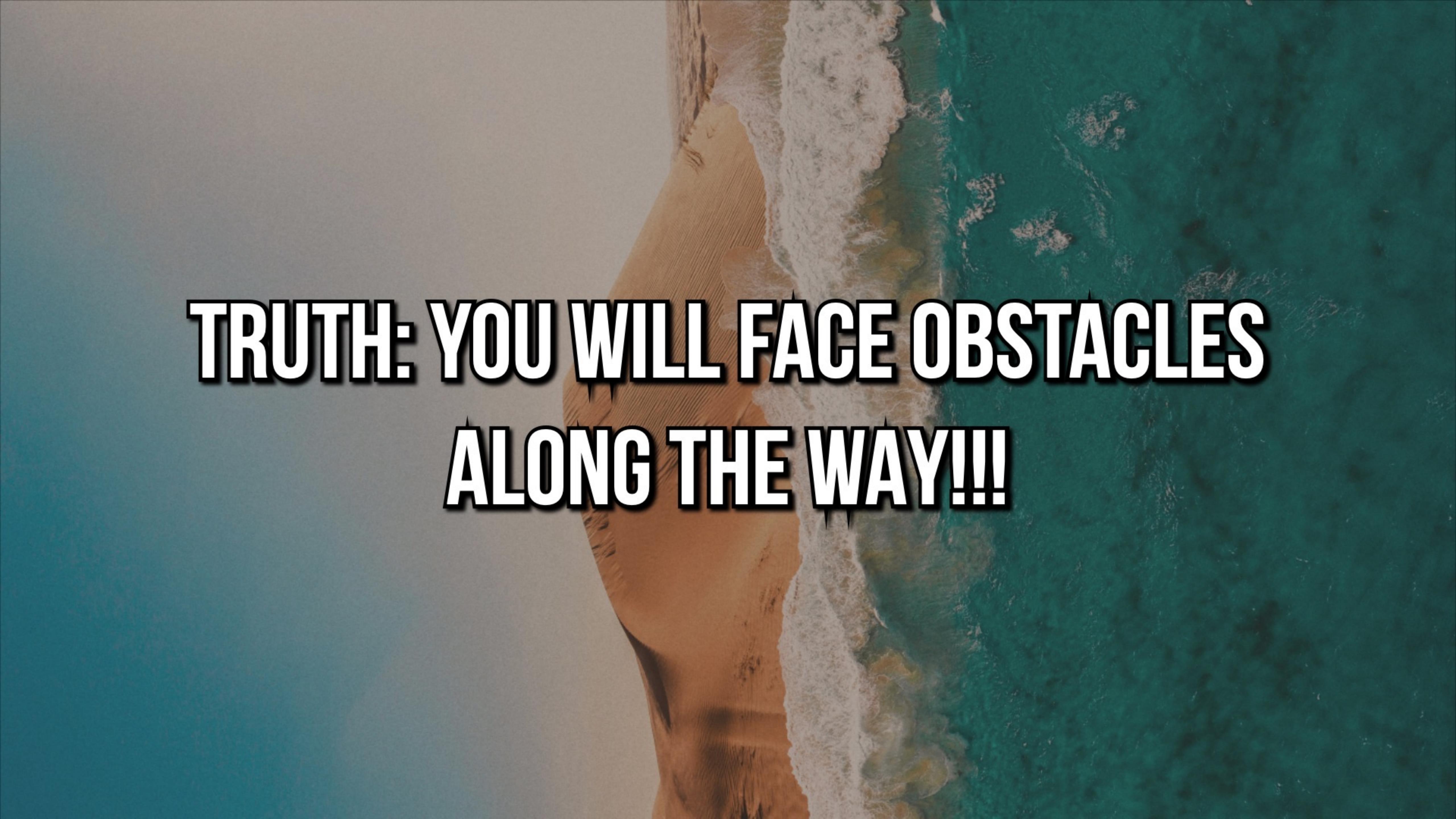
**TRUTH: IF YOU DON'T USE IT,
YOU'LL LOSE IT!**

An aerial photograph of a coastline. The top half of the image shows a sandy beach and the white foam of waves breaking onto the shore. The bottom half shows the deep turquoise water of the ocean. The text is overlaid across the middle of the image.

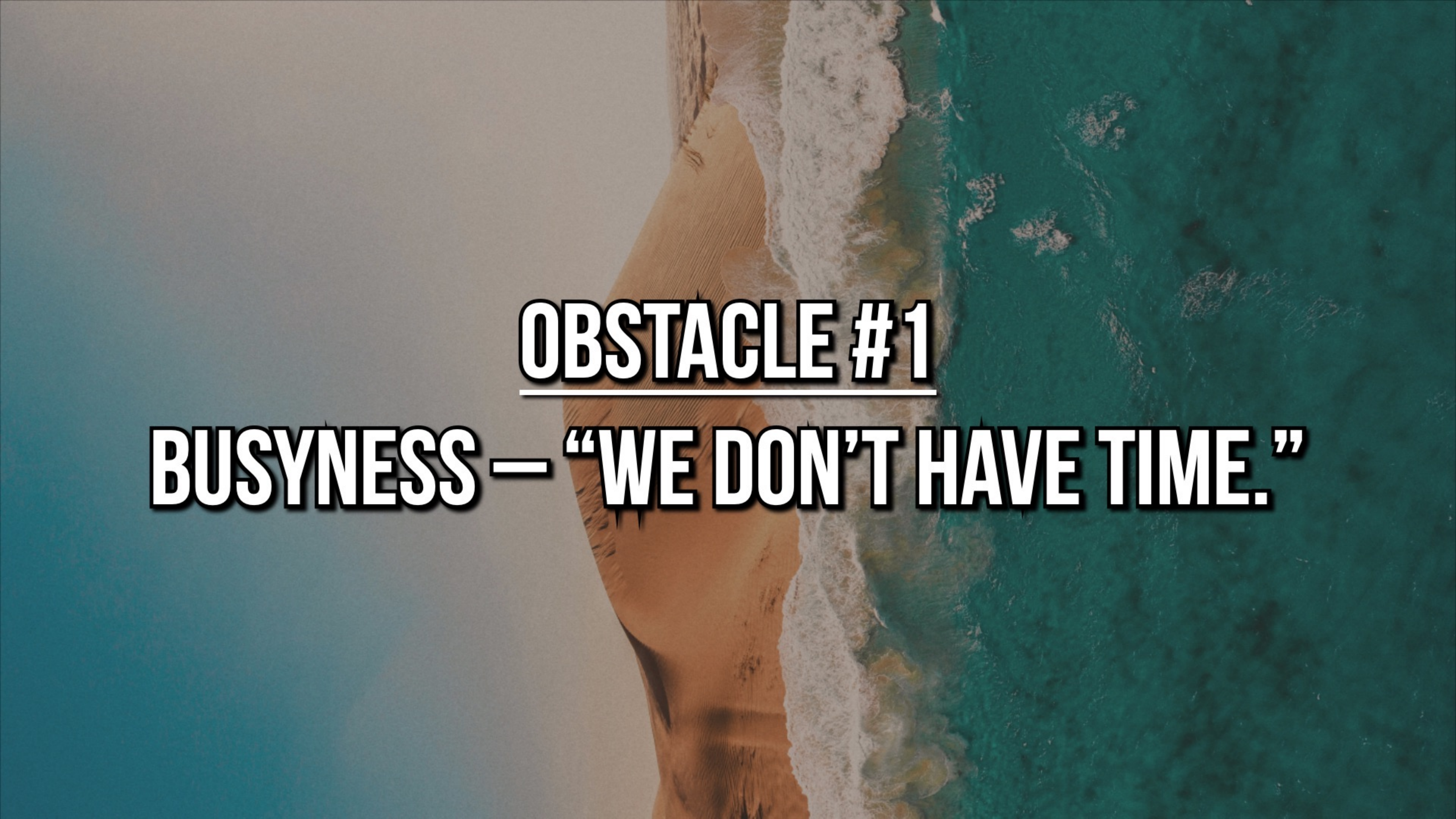
**TRUTH: REGULAR HONEST CHECK-INS (LIKE
CTR) ARE THE “OIL CHANGES” OF THE HEART.**



**TRUTH: SMALL, CONSISTENT CARE PREVENTS
THE BIG, COSTLY DISASTERS.**

An aerial photograph of a coastline. On the left, a wide, light-colored sandy beach stretches towards the horizon. To the right of the beach, the ocean is a deep turquoise color. White foam from waves is visible where the ocean meets the shore. The sky is a pale, hazy blue.

**TRUTH: YOU WILL FACE OBSTACLES
ALONG THE WAY!!!**

An aerial photograph of a coastline. On the left, there's a sandy beach with some darker patches. To the right, the ocean is a deep turquoise color with white foam from waves breaking near the shore. The sky is a pale, hazy blue.

OBSTACLE #1

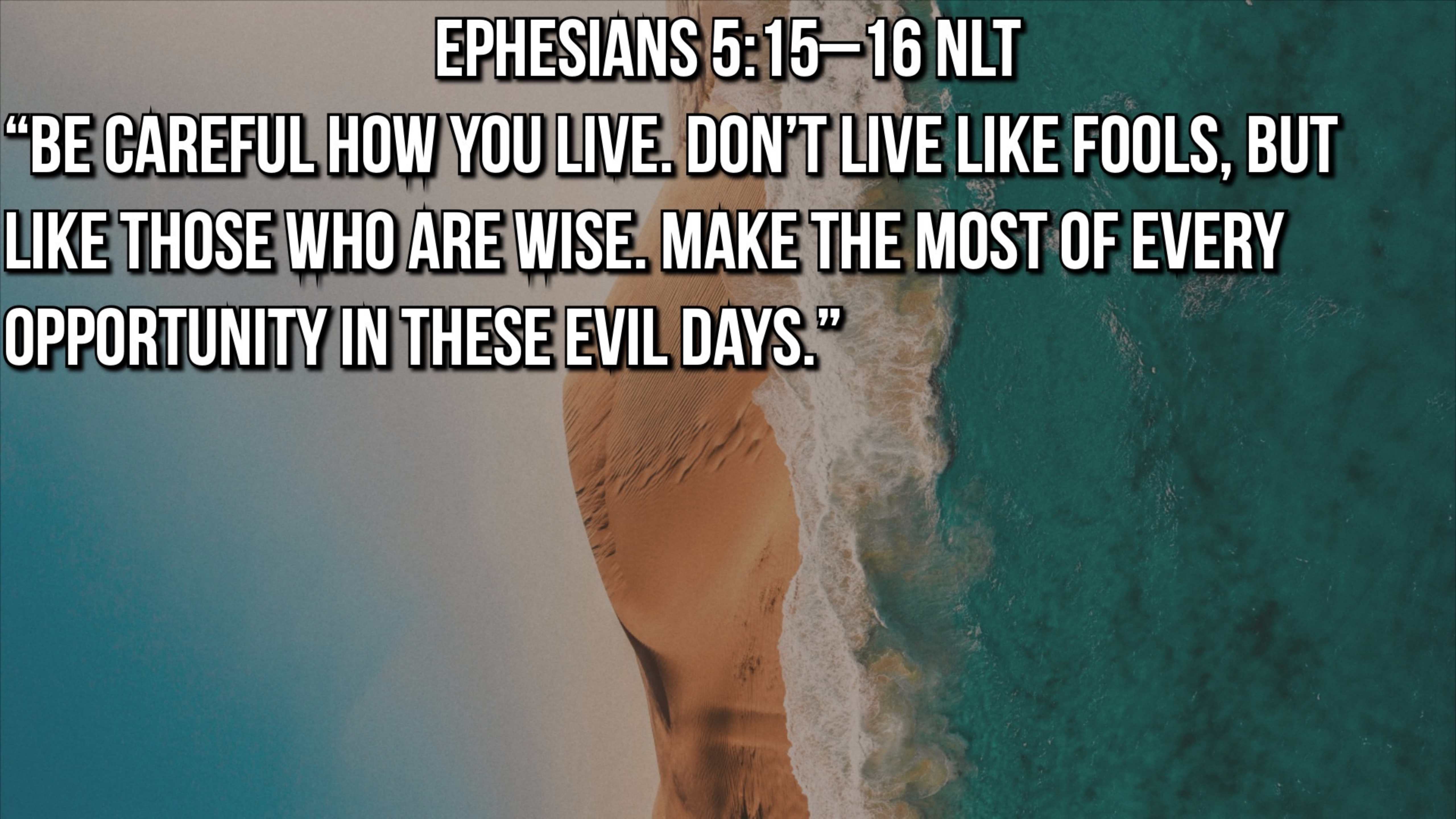
BUSYNESS — “WE DON’T HAVE TIME.”

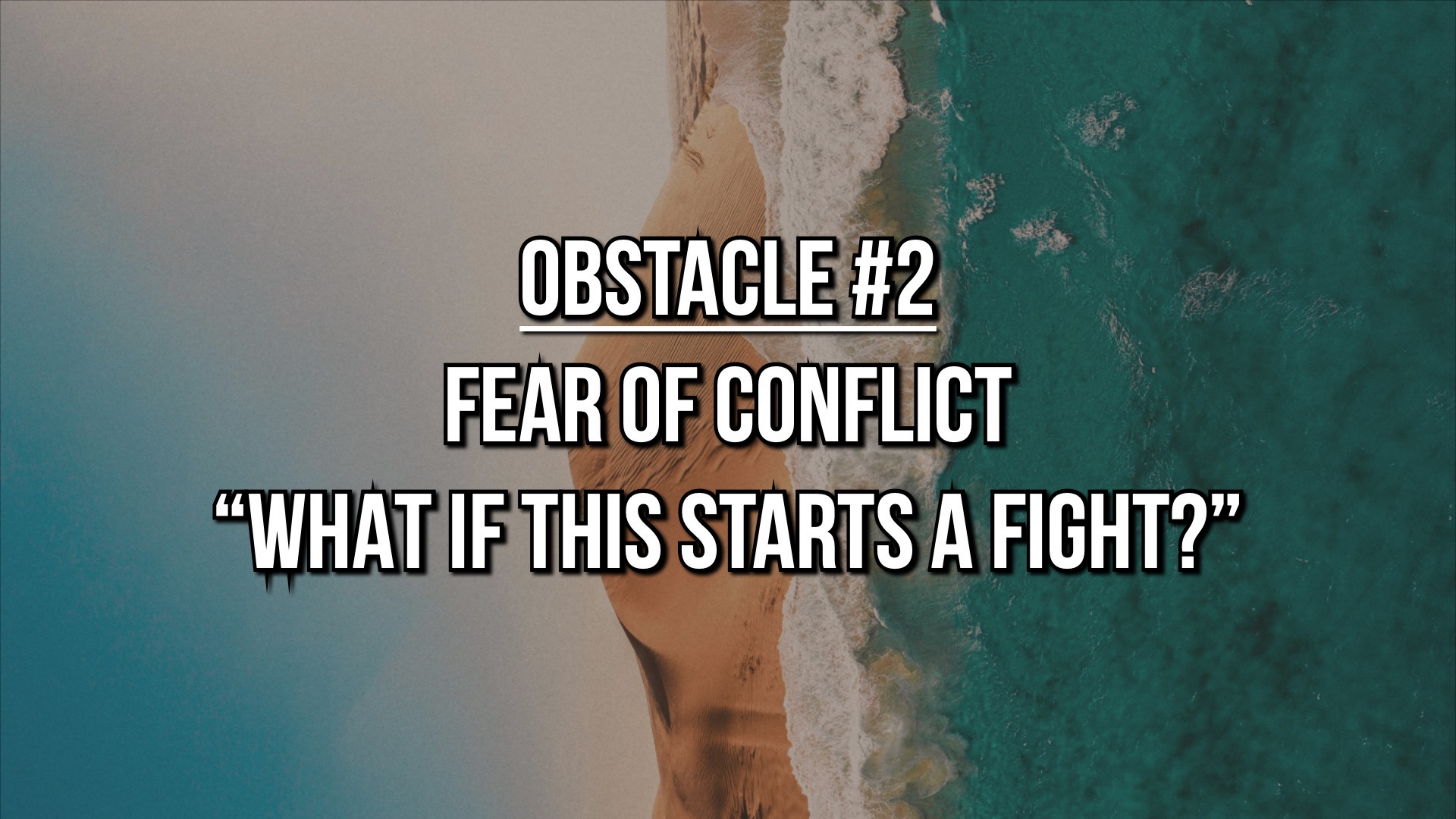
JOHN MARK COMER

“IF THE DEVIL CAN’T MAKE YOU SIN, HE’LL MAKE YOU BUSY. BECAUSE BOTH SIN AND BUSYNESS CUT OFF YOUR CONNECTION TO GOD, TO OTHER PEOPLE, AND EVEN TO YOUR OWN SOUL.”

EPHESIANS 5:15—16 NLT

“BE CAREFUL HOW YOU LIVE. DON’T LIVE LIKE FOOLS, BUT LIKE THOSE WHO ARE WISE. MAKE THE MOST OF EVERY OPPORTUNITY IN THESE EVIL DAYS.”



An aerial photograph of a coastline. The top half of the image shows a sandy beach and the white foam of waves breaking onto the shore. The bottom half shows the deep turquoise water of the ocean. The text is overlaid on the image.

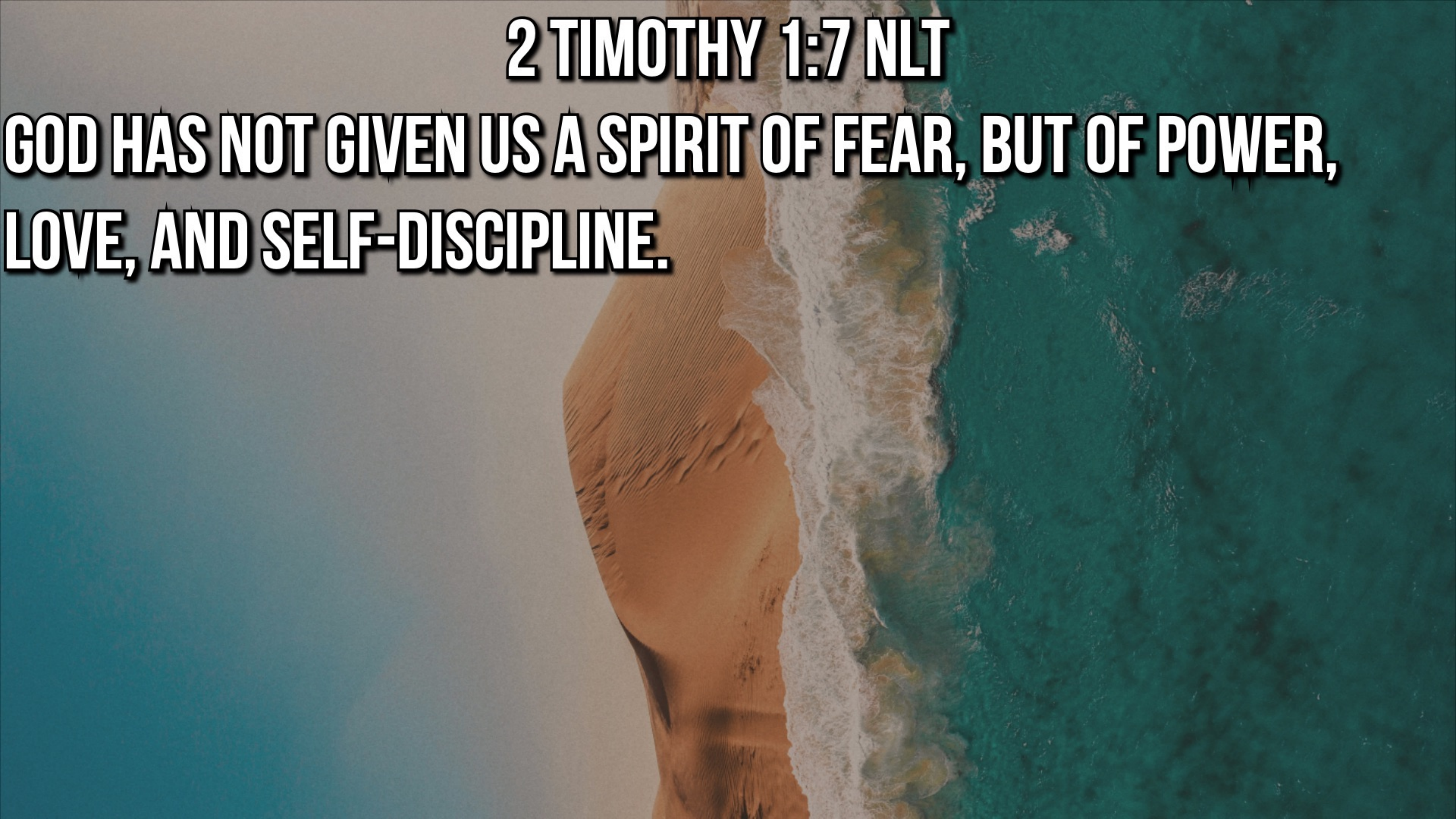
OBSTACLE #2

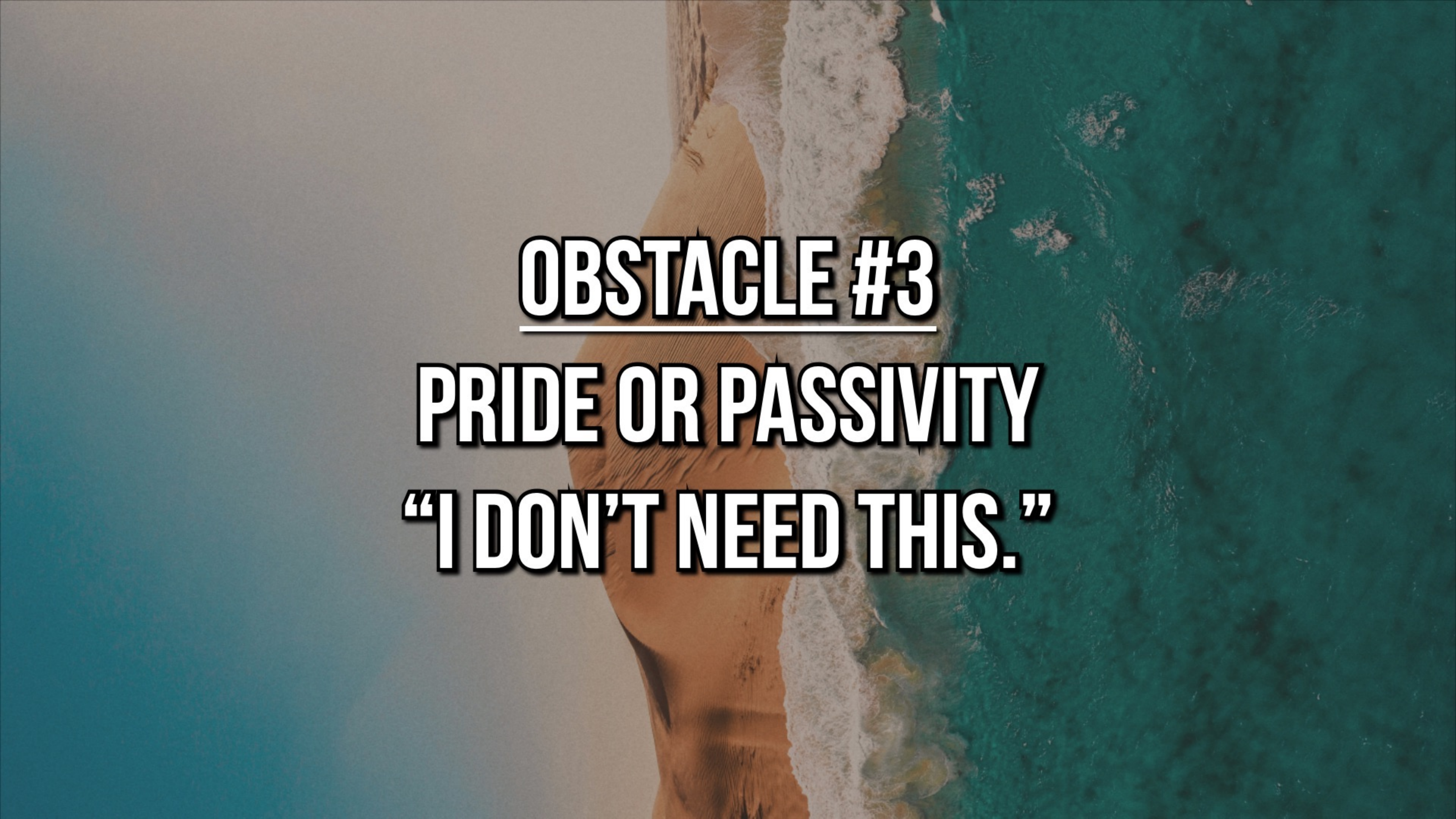
FEAR OF CONFLICT

“WHAT IF THIS STARTS A FIGHT?”

2 TIMOTHY 1:7 NLT

**GOD HAS NOT GIVEN US A SPIRIT OF FEAR, BUT OF POWER,
LOVE, AND SELF-DISCIPLINE.**



An aerial photograph of a coastline. The top half of the image shows a sandy beach curving along the shore. The bottom half shows the ocean with varying shades of turquoise and blue, indicating different depths and possibly some underwater features or rocks. The text is overlaid on the image, centered horizontally.

OBSTACLE #3

PRIDE OR PASSIVITY

“I DON’T NEED THIS.”

JAMES 4:6 NLT

GOD OPPOSES THE PROUD BUT GIVES GRACE TO THE HUMBLE.



An aerial photograph of a coastline. A narrow, light-colored sandy beach runs diagonally from the top center towards the bottom left. To the right of the beach is the ocean, which has a vibrant turquoise color near the shore, transitioning to a darker teal further out. The water's surface shows some texture from small waves and ripples. The sky is a pale, hazy blue, visible in the top left corner.

TRUTH: AWKWARD IS NOT FAILURE
—AWKWARD IS GROWTH!

An aerial photograph of a coastline. On the left, a large, smooth sand dune slopes down towards the water. The ocean is a vibrant turquoise color, with white foam from breaking waves visible along the shoreline. The sky is a pale, hazy blue. The text 'BEYOND THE SURFACE' is overlaid on the image. 'BEYOND' is in a medium blue, italicized sans-serif font. 'THE' is in a dark brown, bold sans-serif font, centered within a semi-transparent orange circle. 'SURFACE' is in a dark teal, italicized sans-serif font.

BEYOND

THE

SURFACE