

Weekend Message Questions

You've Heard is Said: My Yoke Is Easy and My Burden is Light

04/2-04/3

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CHECK-IN: *Check with the members of your group to see how they are doing.*

BIG IDEA: "You Must Be Born Again."

READ: Matthew 11:28-30

- What about your life right now feels heavy?
- Do any aspects of life just feel like a burden right now?

READ: Matthew 11:28

- Why do you think we tend to feel weary and burdened so often?
- What is Jesus offering in place of your burdens?

READ: Matthew 11:29

- How do you typically try to "get away" from the things that burden you?
- In your experience, does this make your burdens ever really go away?
- What do you think Jesus means when he says, "take my yoke upon you"?
- Again, what is he offering in place of your burdens?

READ: Matthew 11:30

- What do you think Jesus means when he says his yoke is easy to bear?
- When was the last time you prayed with Jesus, talking with him about the heavy things in life, acknowledging your need for his rest, and asking him to take the burdens of life from you?

DIY: Find time every day this week to spend time with Jesus.

PRAY

Can you use prayer? <https://hopefellowship.net/prayer-request/>