

Weekend Message Questions
The Bible for Regular People: Week 6 – Fruit of the Spirit, Goodness
July 5–6, 2025

To view or listen to past messages, [click here](#).

CHECK-IN

How is everyone doing this week? Share highs and lows from the past few days.

READ:

Proverbs 4:23, Psalm 51:10, Hebrews 4:12–13, Matthew 22:37–38, Matthew 6:19–24, Luke 6:45

A good heart doesn't happen by accident. It's shaped through surrender, repentance, and spiritual discipline. The Holy Spirit forms goodness in us when we invite Him to rule our hearts daily.

DISCUSSION QUESTIONS:

1. **What is one way you are guarding or neglecting your heart right now?**
(Think about what you're allowing in—media, conversations, patterns of thinking.)
2. **Where do you sense God inviting you to grow or surrender something for the sake of a “clean heart”?**
(Is there an area of compromise, distraction, or divided loyalty?)
3. **What does it practically look like to live from a heart that is producing good fruit?**
(How would your relationships, habits, or outlook change?)

READ:

James 2:14–16, Matthew 5:13–16, Ephesians 2:10, Luke 6:45

*We're saved by grace, but that grace should produce something in us. A heart changed by God naturally overflows into action—into **good works**.*

DISCUSSION QUESTIONS:

1. **How do you balance the truth that we're saved by grace with the call to live out our faith through good works?**
(Does grace ever make you feel passive, or does it motivate you?)
2. **Where have you seen small, simple acts of goodness make a big impact?**
(Think “cup of cold water” moments—at home, work, or in your community.)
3. **What good works might God be preparing for you to step into this week?**
(Is there a need, person, or opportunity He's been highlighting?)

READ: Psalm 23:6 & 1 Peter 3:10–11

A good life is more than just blessings for ourselves—it's a life that reflects God's goodness outwardly.

DISCUSSION QUESTIONS:

1. **When you think about “a good life,” what comes to mind—and how does that line up with what God defines as good?**
2. **Where do you see your life influencing others—for better or for worse?**
(Think about your home, friendships, or workplace.)
3. **What would it look like for you to “turn from evil, do good, and seek peace” in a specific area of your life this week?**

Apply:

- Reflect: What kinds of things are you filling your heart with?
- Respond: What good works are flowing from your life this week?
- Evaluate: Is the fruit from your life lasting or temporary?

Prayer Time:

Ask for specific prayer requests.

Need prayer outside of group? [Submit a request](#)