## **Weekend Message Questions**

Under Pressure 2/27-2/28

## To view or listen to past messages, click here.

**CHECK-IN:** Check with the members of your group to see how they are doing. How many social media apps do you use on a regular basis?

What are some moments that you would consider to have marked your life?

How many times have you used the word pivot this past year?

How are you doing internally during this pandemic?

How are your kids doing during this pandemic?

What are some practical things you could do to navigate this time in a healthy way?

What are some positive things you have seen during this time that you can use to guide a narrative of hope to those around you?

Is there a metaphor that you can use to guide your narrative moving forward?

Pray

Can you use prayer? https://hopefellowship.net/prayer-request/