# Weekend Message Questions My Name Is \_\_\_\_\_ January 20 & 21, 2024

To view or listen to past messages, click here.

#### CHECK-IN:

- Begin your group session by checking in with each member.
  - O How is everyone doing?
  - Any highlights or challenges to share?
  - o How's your 2024 going so far?

### **ICEBREAKER DISCUSSION:**

- Are there labels you have given yourself or that others have given you that you find empowering or limiting?
- Can you share an experience where labels, either self-imposed or from others, played a significant role
  in shaping your interactions with people or your own self-perception? How did these labels impact your
  relationships?

# **REVIEW Jacob's Life Story from Pastor John's message:**

- Genesis 25:21-23 The struggle between Jacob and Esau begins.
- Genesis 27:14-27 Jacob deceives Isaac to receive the blessing.
- Genesis 27:35, 41 Esau's reaction and hatred towards Jacob.
- Genesis 28:10-15 Jacob's encounter with God in a dream.
- Genesis 31:1-2, 25-27 Jacob's relationship with Laban becomes strained.
- Genesis 32:24-29 Jacob wrestles with a man, receives the name Israel.

## **KEY THOUGHTS from Jacob's story:**

- Jacob's life was filled with dysfunction in relationships.
- Despite the struggles, God had a purpose for Jacob.
- Relationships were a constant struggle for Jacob.
- When Jacob humbles himself, he receives God's blessing and a new name, Israel.

## DISCUSSION

- Do you struggle with healthy relationships?
- Is forgiveness something you have withheld from anyone?
- Are there relationships in your past that need to be mended?

# KEY TAKEAWAYS from the Message: "What are your thoughts from these statements?"

- Relationships are challenging, but by humbling ourselves, we can move towards the purpose God has for our lives.
- Just as Jacob wrestled with God and men, we can overcome struggles in our relationships and win by loving God and our neighbors.

## PRAY:

Close the session with prayer, by sharing prayer requests and lifting each other up in prayer. This link can be used for additional prayer requests: https://hopefellowship.net/prayer-request/